



## PARRAMATTA CITY COUNCIL

### H1N1 INFLUENZA (HUMAN SWINE INFLUENZA) FACT SHEET

#### 1. Overview

A new strain of influenza A (H1N1) (human swine flu) has been identified in an outbreak in Mexico and the USA which has now spread to a number of other countries. The virus has spread within Australia, with cases confirmed in several states.

Australia has very good communicable diseases surveillance and control systems in place to detect and respond to outbreaks of illness. The Australian Government stands ready to escalate the level of response when required.

#### 2. What is swine influenza (swine flu)?

Swine influenza (swine flu) is a respiratory disease of pigs caused by type A influenza. Swine flu viruses do not normally infect humans, however, human infections with swine flu do occur, and cases of human-to-human spread of a swine flu virus have been recently confirmed.

#### 3. What are the symptoms?

The symptoms of human swine influenza are similar to normal influenza (fever, cough, tiredness, muscle aches, sore throat, chills, shortness of breath, runny nose, headache). Some cases of human swine influenza have also complained of vomiting and diarrhoea. In some cases, human swine influenza can result in a severe pneumonia. Symptoms generally appear between two to four days after exposure.

#### 4. Where do I go for more information?

##### NSW

- NSW Health swine flu information page
  - [http://www.health.nsw.gov.au/publichealth/swine\\_flu.asp](http://www.health.nsw.gov.au/publichealth/swine_flu.asp)
- NSW Health influenza factsheet (usual human influenza)
  - <http://www.health.nsw.gov.au/factsheets/infectious/influenza.html>

##### AUSTRALIA

- Department of Health and Ageing - Health Emergency website
  - <http://www.healthemergency.gov.au>
- Australian Government Department of Health and Ageing swine influenza information hotline **1802007**

##### INTERNATIONALLY

- World Health Organization
  - <http://www.who.int/>

#### 5. What is Parramatta City Council's (PCC) role?

PCC has a strong partnership with NSW Health and stands ready to assist our partners in responding to this type of emergency should this be required.