

# *Sports and Leisure*

## *Community Groups and Organisations in and around the Parramatta City Council Area*

*Disclaimer: This information is compiled from LINCS - a Community Information Database maintained by Local Councils and other organisations. The information in each record is provided by the organisation concerned. Parramatta City Council does not accept liability for loss of any kind resulting from the use made by any person of the information listed and inclusion of information relating to any particular organisation, group, service or individual should not be taken as endorsement of that organisation, group, service or individual by the Council. Responsibility for providing correct and current information shall at all times rest with the organisation, group, service or individual referred to in the record. Therefore Parramatta City Council can take no responsibility for outdated information.*

*This list contains records updated in the last 12 months*

The Community Information Database is available on-line at  
[www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

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# Leisure Activities

## Community Arts

### Information and Cultural Exchange Inc

**Phone:** 02 9897 5744 **Fax:** 02 9897 5766  
Street Level, AMWU Building, 133 Parramatta Rd, Granville 2142

**Mail to:** PO Box 4033, Parramatta 2124

**Email:** [info@ice.org.au](mailto:info@ice.org.au)

**Web:** [www.ice.org.au](http://www.ice.org.au)

**Service Description:** Specialises in cultural development and arts based projects with an emphasis on multi-media and digital arts. Publishes arts and cultural directory. Also manages the multimedia access centre.

**Hours:** Mon-Fri 9am-5pm

**Contact:** Director

**Fees:** None

**Transport:** Close to trains (Granville station)

**Disability Access:** Yes (Parking, ramp, lift, toilet)

**Languages spoken:** Arabic, Italian, Vietnamese,

**Volunteering:** This organisation welcomes volunteer assistance. Contact for further details.

## Crafts

### Multi-National Seniors Group

**Phone:** 02 9639 7193

Meetings held: Room B, 2nd Flr, Old Council Chambers, Civic Place, Parramatta 2150

**Mail to:** c-/ 4 Harris Place, Baulkham Hills 2153

**Service Description:** A group of people who meet on a weekly basis developing a sense of belonging together, through conversation, sharing cultural experiences and the preservation of traditional crafts.

**Hours:** Fri 10am-12noon (except December & January)

### Parramatta-Holroyd Lapidary Club Inc

**Phone:** 02 9635 8218

73 Fullagar Rd, Wentworthville 2145

**Mail to:** PO Box 334, Wentworthville 2145

**Service Description:** Aim to encourage the art of lapidary. Classes held in cutting gemstones, stonecarving, jewellery making, enamelling, copper shim embossing. Fossicking trips arranged and annual exhibition held. Visitors always welcome.

**Hours:** Thurs 10am-2pm, Sat 10am-2pm (sessions change according to need). Meeting 4th Sat of the month 1pm.

**Contact:** President 9264 5476; Secretary 9896 1830; Treasurer 9636 7353, 9624 3948

**Fees:** Yes

**Disability Access:** Yes (Ramp, toilets)

### The Embroiderers Guild of NSW Inc - Eastwood Branch

**Phone:** 02 9743 2501 (Head office) **Fax:** 02 9743 5320

Alan Walker Village, Dalmar Pl, Carlingford 2118

**Mail to:** PO Box 109, Concord West 2138

**Email:** [chris@embroiderersguildnsw.org.au](mailto:chris@embroiderersguildnsw.org.au)

**Web:** [www.embgdnsw.org.au](http://www.embgdnsw.org.au)

**Service Description:** Meet to develop & teach each other embroidery skills. Lessons are held at the head office in Concord West. A summer school is held in January. Volunteer opportunities.

**Hours:** Meets 1st & 3rd Thu of month 10am-2pm

**Fees:** Yes

**Transport:** Bus, train

**Disability Access:** No

**Eligibility:** From 5 years.

### Wentworthville Baptist Church Craft Group

**Phone:** 02 9896 0859 **Fax:** 02 9896 3558

18 Chelmsford Rd, Wentworthville 2145

**Mail to:** P O Box 351, Wentworthville 2145

**Service Description:** Craft classes; various crafts. Morning tea provided (included in cost).

**Hours:** Tues 9:30am - 11:30am (School Term)

**Contact:** Co-ordinator 0412 993 3411

**Fees:** \$16.00 per term

**Transport:** Can be provided

**Disability Access:** Yes (Limited)

## Entertainment

### Riverside Theatres

**Phone:** 02 8839 3399 **Fax:** 02 9683 3267  
cnr Church St and Market St, Parramatta 2150

**Mail to:** PO Box 3636, Parramatta 2124

**Email:** [admin\\_riverside@parracity.nsw.gov.au](mailto:admin_riverside@parracity.nsw.gov.au)

**Web:** [www.riversideparramatta.com.au](http://www.riversideparramatta.com.au)

**Service Description:** Riverside Theatres Parramatta features 3 theatres, spacious

foyers, a licensed bar and courtyard. Riverside offers a full performance program, the best in entertainment and its versatile facilities make it an ideal venue for conferences, meetings, lectures and exhibitions.

**Hours:** Box Office hours Mon-Fri 9am-5pm, Sat 9:30am-1pm and 1 hour prior to performance (Box Office)

**Disability Access:** Yes (Wheelchair access, "Listen" hearing technology- call 8839 3399 to book)

**Facilities:** Facilities available for hire

**Volunteering:** Friends of Riverside Theatre support the theatre, staff and Board of Directors by organising functions and raising funds.

## Hobbies

### 48 and FJ Holden Owners Club of NSW

**Phone:** 02 4823 5619

**Mail to:** PO Box 578, Parramatta 2124

**Email:** [FJ48clubnsw@bigpond.com](mailto:FJ48clubnsw@bigpond.com)

**Web:** [www.48fj.org.au](http://www.48fj.org.au)

**Service Description:** Family club for all unmodified 48 and FJ Holden owners. Organise monthly runs, social activities, "fix-it" days and displays.

**Hours:** Meets 8pm, 3rd Monday of each month (call for details of venue).

**Contact:** President - Jim 4823 5619; Membership Secretary - John 9622 0285

**Disability Access:** No (unable to install ramps etc.)

### Australian Hapkido Federation Inc

**Phone:** 02 9622 2008 **Fax:** 02 9622 2008

**Venue:** Dundas Community Centre, 27 Sturt St, Telopea 2117

**Mail to:** 19 Mort St, Blacktown 2148

**Email:** [hapkido@bigpond.com](mailto:hapkido@bigpond.com)

**Web:** [www.selfdefence.com.au](http://www.selfdefence.com.au)

**Service Description:** Hapkido - Korean self defence

**Hours:** Mon & Thu 7:30pm-9pm

**Contact:** President 02 9634 7595

**Fees:** \$80 per month

**Transport:** Bus at door, train station at end of street

**Eligibility:** From 9 years.

### Carlingford Bridge Club

Meets at Carlingford Court Community Centre, cnr Pennant Hills Rd and Carlingford Rd, Carlingford 2118

**Email:** [garyw2@bigpond.net.au](mailto:garyw2@bigpond.net.au)

### Web:

[www.users.bigpond.net.au/carlingfordbridgeclub](http://www.users.bigpond.net.au/carlingfordbridgeclub)

**Service Description:** To play the game of Bridge. New players very welcome; bring own lunch. Bridge Club meets in the Carlingford Court Community Centre every Monday at 10:45am for 11am. Membership Numbers: Approx. 55

**Contact:** Honorary Secretary Jane Langridge  
ph:02 9876 1652

**Fees:** Yes

### Clement Art School

**Phone:** 0414 435 388 **Fax:** 9873 6628

316 Pennant Hills Rd, Carlingford 2118

**Mail to:** Suite 75, 47 Neridah St, Chatswood 2067

**Email:** [clementart@hotmail.com](mailto:clementart@hotmail.com)

**Web:** [www.clementart.com.au](http://www.clementart.com.au)

**Service Description:** Childrens art classes including drawing, painting and computer art held during school terms and school holidays.

**Eligibility:** From 4 to 18 years.

### Fellowship of Australian Writers - Eastwood & Hills Region

**Phone:** 02 9484 9223

Meets at Senior Citizens Rooms, North Rocks Community Centre, Cnr Farnell Ave & North Rocks Rd, Carlingford 2118

**Mail to:** PO Box 4663, North Rocks 2151

**Email:** [eutrim@optusnet.com.au](mailto:eutrim@optusnet.com.au)

**Web:** [www.hillsfaw.net.au](http://www.hillsfaw.net.au)

**Service Description:** Nurtures the writing skills of people interested in writing & being published. Meetings include information, guest speakers and workshops on all aspects of writing. Regular competitions for poetry and short stories.

**Hours:** Meets 1st Sat of the month (Feb-Nov) at 1:30pm

**Fees:** Yes

**Transport:** Bus (public transport)

**Disability Access:** No (Toilet)

**Eligibility:** Desire to write

### Fellowship of Australian Writers NSW Inc (Parramatta Region)

**Phone:** 02 9639 8394 **Fax:** 02 9686 8158

Meetings held: Parramatta City Library meeting room, Civic Place, Parramatta 2150

**Mail to:** 51 Candowie Cres, Baulkham Hills 2153

**Email:** [lynlew@optusnet.com.au](mailto:lynlew@optusnet.com.au)

**Service Description:** A writers group for encouraging new writers.

**Hours:** 2nd Sat of the month 12:30pm-3:30pm.

**Contact:** Secretary

**Fees:** Yes - for room hire only

### **Living & Learning Services For Adults With Disabilities Inc**

**Phone:** 02 9721 3773 **Fax:** 02 9681 1341

25 Byron Rd, Guildford 2161

**Mail to:** PO Box 425, Merrylands 2160

**Email:** [matthewg@pioneercentre.org.au](mailto:matthewg@pioneercentre.org.au)

**Service Description:** Pioneers is a service which offers young people and adults with moderate to severe multiple disabilities a wide range of day programs that enhance their quality of life. The aim of the service is to provide clients attending the service with a wide range of programs in the areas of living skills, recreation and leisure. To improve the quality of life of our clients through social interaction, appropriate care and a diversity of programs including community based activities.

**Hours:** Mon - Fri 9 am - 3 pm

**Contact:** Service Manager Matthew Geracitano

**Fees:** \$5.00 daily attendance fee

**Disability Access:** Yes (ramps)

**Eligibility:** Intellectual & physically disabled adults. From 18 years.

**Referral:** DD services, DOCS, special schools, word of mouth

**Languages spoken:** Italian, Lebanese

**Volunteering:** Activities assistant

### **Motorcycling NSW Limited**

**Phone:** 02 9635 9177 **Fax:** 02 9635 5277

67 High St, Harris Park 2150

**Mail to:** PO Box 9172, Harris Park 2150

**Email:** [mnsw@motorcycling.com.au](mailto:mnsw@motorcycling.com.au)

**Web:** [www.motorcycling.com.au](http://www.motorcycling.com.au)

**Service Description:** Administration of motorcycle sport in New South Wales.

**Hours:** 9am-5pm

**Contact:** Reception

**Disability Access:** Yes

**Eligibility:** From 4 years.

**Volunteering:** Many opportunities for volunteer officials.

### **Multi-National Seniors Group**

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### **NSW Junior Chess League**

**Phone:** 02 9556 3960

**Mail to:** PO Box 262, Penshurst 2222

**Web:** [www.nswjcl.org.au](http://www.nswjcl.org.au)

**Service Description:** Membership of the NSW Junior Chess League (NSWJCL), available to juniors under 18, entitles you to participate in all our junior chess tournaments and coaching clinics, and to receive the quarterly magazine JUNIOR CHESS, the League's official journal, which gives details of all our activities, ratings, puzzles, games, tournaments, results, etc

**Contact:** Membership Registrar 0403 828 180

**Eligibility:** Up to 18 years.

### **Oatlands 9 to 5 Scrabble Club**

**Phone:** 02 9890 4730

30-34 Prince St, Oatlands 2117

**Email:** [arieholla@hotmail.com](mailto:arieholla@hotmail.com)

**Service Description:** Scrabble club. Beginners welcome. Equipment provided.

**Hours:** Wed 9am-5pm

**Contact:** 0401 681 166

**Transport:** Bus 546 from Parramatta Station stops at front door. Also bus 545 from Chatswood.

**Eligibility:** From 8 years.

**Languages spoken:** Dutch

### **Parramatta & District All Breeds Kennel Club**

**Phone:** 02 4572 3684 (Honorary Secretary)

**Fax:** 02 4572 3598

Community Cottage, Bold St, Granville 2142

**Mail to:** c/- 65 Smith Rd, Oakville 2765

**Email:** [woolcocke@summit.net.au](mailto:woolcocke@summit.net.au)

**Service Description:** Talks and discussion on breeding pedigree animals, exhibiting them & promoting responsible care of dogs.

**Hours:** 8.10pm 3rd Tue every month

**Contact:** President 02 9652 2071

**Fees:** Membership

**Disability Access:** Yes (Ramp into cottage)

**Eligibility:** From 12 years.

**Volunteering:** Volunteers needed to assist at dog shows

### **Parramatta and District Historical Society Inc**

**Phone:** 02 9635 6924 **Fax:** 02 9635 6924

Meetings held: Staff Room, Macarthur Girls High School, Macarthur St (enter from Stewart St), Parramatta 2150

**Mail to:** PO Box 1384, Parramatta 2124

**Email:** [parramattahistry@hotmail.com](mailto:parramattahistry@hotmail.com)

**Web:** [www.hotkey.net.au/~parramattahistry](http://www.hotkey.net.au/~parramattahistry)

**Service Description:** The Parramatta and District Historical Society Inc. was formed in 1913 and is NSW's second oldest. The Society's aim is to encourage the study of history and heritage of both Parramatta district and Australia and to promote the compilation

of authentic records relating to the Parramatta district. The Society leases Hambleton Cottage from Parramatta City Council and opens the Cottage for public exhibitions. Also facilitates the Family History Group.

**Hours:** Meetings: 7:30pm 3rd Wed each month

**Contact:** Secretary

**Fees:** Membership fees apply

**Volunteering:** Volunteer guides for the museum.

### **Parramatta Bridge Club**

**Phone:** 02 9639 1364

Meets: Dundas Community Centre, Sturt St, Telopea 2117

**Mail to:** PO Box 2463, North Parramatta 1750

**Email:** [parrabridge@bigpond.com.au](mailto:parrabridge@bigpond.com.au)

**Web:** [www.parramatta.bridge-club.org](http://www.parramatta.bridge-club.org)

**Service Description:** Open to anyone interested in playing bridge.

**Hours:** Various day and evening sessions.

Contact for details

**Contact:** Secretary

**Fees:** Yes- \$6 visitors, \$5 members

**Disability Access:** Yes

### **Parramatta City Library (Central)**

**Phone:** 02 9806 5159 **Fax:** 02 9806 5919

1a Civic Place, Parramatta 2150

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [parralib@parracity.nsw.gov.au](mailto:parralib@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Central library provides fiction & non-fiction books, CD's, CD-ROM'S , DVD's and videos in English and many other languages; information and reference services including access to electronic databases and the Internet and the Inter Library Loan service; housebound readers service; community information service; computer facilities and classes; school holiday activities & children's storytimes; multicultural community activities and Meeting and Technology Rooms for hire

**Hours:** Mon-Fri 9:30am-8pm, Sat 9:30am-4pm, Sun 2pm-5pm

**Disability Access:** Yes (Ramp, lift)

**Languages spoken:** Cantonese; Mandarin; Arabic

### **Parramatta Computer Pals for Seniors**

**Phone:** 02 9871 6820

Classes held: Level 2, Council Chambers Building, Civic Place, Parramatta 2124

**Mail to:** PO Box 3102, Parramatta 2124

**Email:** [info@parramattacps.org.au](mailto:info@parramattacps.org.au)

**Web:** [www.parramattacps.org.au](http://www.parramattacps.org.au)

**Service Description:** Computer classes for seniors. Features include: small groups and trainers who are seniors themselves. Also hold monthly meetings with IT presentations and Q & A sessions.

**Hours:** Mon-Thu 9am-2pm

**Fees:** \$20 joining fee, course and small fees for meetings

**Transport:** Close to Parramatta bus/ rail interchange

**Disability Access:** Yes (Lift, toilet facilities)

**Eligibility:** From 55 years.

**Volunteering:** Administration, trainers and training assistants

### **Parramatta Family History Group**

**Phone:** 02 9635 6924 **Fax:** 02 9635 6924

63 Hassall St, Parramatta 2150

**Mail to:** PO Box 3232, Parramatta 2124

**Email:** [parramattahistry@hotmail.net.au](mailto:parramattahistry@hotmail.net.au)

**Web:** [www.hotkey.net.au/~parramattahistry](http://www.hotkey.net.au/~parramattahistry)

**Service Description:** A family history group which produces a newsletter 3 times per year and receives them from other groups. Provides assistance and suggestions for research.

**Hours:** 1st Sat in month 1:30-4pm, research Tue 10am-3pm

**Contact:** Secretary 9896 3321

**Fees:** Yes

### **Parramatta Heritage & Visitor Information Centre**

**Phone:** 02 8839 3311 **Fax:** 02 9630 3243

Parramatta Heritage Centre, 346a Church St, Parramatta 2150

**Mail to:** PO Box 32, Parramatta 2124

**Email:**

[discoverparramatta@parracity.nsw.gov.au](mailto:discoverparramatta@parracity.nsw.gov.au)

**Web:**

[www.parracity.nsw.gov.au/culture\\_and\\_leisure/heritage\\_centre](http://www.parracity.nsw.gov.au/culture_and_leisure/heritage_centre)

**Service Description:** The centre includes: Visitor Information Centre; Gift shop; Local Studies & Family History Library; Council archives; education programs; permanent and changing exhibitions. Please check the website for details.

**Hours:** Daily 9am-5pm (10am-4pm Public Hols). Library open Mon, Tue, Wed, Fri 10am-5pm. Thu 10am-8pm. Sat, Sun 10am-5pm. Closed Christmas Day & Good Friday.

**Fees:** Free entry - some education and public programs attract a small fee.

**Disability Access:** Yes (Ramps, disabled toilets)

**Facilities:** Seminar Room for hire

**Volunteering:** Assisting the public with family history.

### **Parramatta International Canine Sports Inc (PICS)**

**Phone:** 02 9874 5080 (Agility), 0407 250 667 (Flyball)

**Venue:** Dan Mahoney Oval, Gladstone St, North Parramatta 2151

**Mail to:** PO Box 6188, Parramatta BC 2150

**Email:** [maria\\_midori@hotmail.com](mailto:maria_midori@hotmail.com)

**Web:** [www.picsi.org.au](http://www.picsi.org.au)

**Service Description:** All levels of agility and flyball are catered for. New agility and flyball enrolments taken weekly. Minimum age 9 months before attempting agility or flyball.

**Hours:** Flyball: Tue 7pm, Agility: Fri 7pm

**Contact:** Maria Tsoromokos 02 9746 7343

**Fees:** Yes: membership fees from \$30pa, \$3 per week ground fees

**Eligibility:** Children under 16 years are required to be supervised by adults while training classes are in progress

**Volunteering:** People who like dogs but don't have their own may be able to help out and interact with local dog owners.

### **Parramatta Morning Garden Club Inc**

**Phone:** 02 9631 6126

**Meetings held:** Room C 2nd Floor, Civic Centre, Parramatta 2150

**Mail to:** 350 Old Windsor Rd, Toongabbie 2146

**Service Description:** Gardening club open to anyone interested in gardening. Have guest speakers, cuttings & display table.

**Hours:** 4th Mon of the month, 9am-12noon

**Contact:** Chairperson 02 9592 3611

**Fees:** Yes

### **Parramatta Philatelic Society**

**Phone:** 02 9610 2659

**Meetings held:** O.E.S. Hall, Railway St, Wentworthville 2145

**Mail to:** PO Box 219, Wentworthville 2145

**Web:** [www.stamparena.com/parramatta](http://www.stamparena.com/parramatta)

**Service Description:** Stamp club. Provides comprehensive library, facilities to buy & sell stamps, & meet others with similar hobby interests.

**Hours:** Meetings: 1st Fri of the month at 7:30pm (No meeting in January).

**Contact:** Hon. Secretary

### **Parramatta RSL Camera Club**

**Phone:** 0412 071 528

**Meetings held:** Parramatta RSL Club, cnr Macquarie St and O'Connell St, Parramatta 2150

**Email:** [secretary@parracameraclub.com](mailto:secretary@parracameraclub.com)

**Web:** [www.parracameraclub.com](http://www.parracameraclub.com)

**Service Description:** Photography Club providing opportunity for photographers of all skill levels to improve and share skills.

Monthly competitions are held.

**Hours:** 7:30pm 1st and 3rd Wed of month (Feb-Dec)

**Contact:** 02 9633 5177 (Parramatta RSL)

**Transport:** Free parking at RSL club.

### **Parramatta-Holroyd Lapidary Club Inc**

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### **Rose Society of NSW Inc Sydney Regional**

**Phone:** 02 9872 1862

**Meets at** Roselea Community Centre, Pennant Hills Rd, Carlingford 2118

**Email:** [jackietweedie@hotmail.com](mailto:jackietweedie@hotmail.com)

**Web:** [www.rose.org.au](http://www.rose.org.au)

**Service Description:** Holds monthly meetings for members which includes lectures and slide shows. Visitors welcome. Consulting Rosarians available 14 points throughout NSW and ACT.

**Hours:** Meets on the 1st Friday of the month at 8pm

**Contact:** [www.nsw.rose.org.au](http://www.nsw.rose.org.au)

**Fees:** \$35 per year = One or two persons at the same address.

**Disability Access:** Yes (Toilet, ramp access)

### **Ryde District Canary & Cage Bird Society Inc**

**Phone:** 02 9871 8023 **Fax:** 02 9871 1846

**Meets at** Uniting Church Hall, Cnr Victoria Rd & Trumper St, Ermington 2115

**Mail to:** 17 Balaka Dr, Carlingford 2118

**Email:** [rydecanarysociety@gmail.com](mailto:rydecanarysociety@gmail.com)

**Web:** [www.rydecanarysociety.websyte.com.au](http://www.rydecanarysociety.websyte.com.au)

**Service Description:** Meets to discuss aspects of bird keeping.

**Hours:** 8pm 3rd Tue of month

**Fees:** Yes

**Transport:** Bus

**Disability Access:** Yes

### **Street Level Christian Community /Brotherhood Christian Motorcycle Club**

**Phone:** 02 9635 0761 **Fax:** 02 9687 9727  
59-63 Pitt St, Parramatta 2150

**Service Description:** Non-denominational Christian house church, particularly interested

in serving those from damaged backgrounds on the streets and the motorcycle community.  
**Hours:** Worship Service: Sun 10.30am-12.30pm. Brotherhood meetings (Feb-Nov) last Wed night of each month from 8pm.

### **Sydney Phillumenists Club**

**Phone:** 02 9637 2753

Meetings held: Granville Neighbourhood Centre, 2 Carlton St, Granville 2142

**Mail to:** 6 Rundle St, Granville 2142

**Email:** [awdv.wiles@bigpond.com](mailto:awdv.wiles@bigpond.com)

**Service Description:** Sydney Phillumenists Club is a non-profit club formed in 1967 for people interested in the hobby of collecting match box labels and booklets.

**Hours:** 2nd Sun of each month 2-5pm

**Contact:** Secretary

**Fees:** Yes

**Disability Access:** Yes (Ramps)

### **The Doll Collector's Club of NSW Inc.**

**Phone:** 02 9449 1999

Granville Town Hall, Carlton St, Granville 2142

**Mail to:** PO Box 90, Pendle Hill 2145

**Email:** [dollsnsw@wix.com.au](mailto:dollsnsw@wix.com.au)

**Web:** [www.dollclubnsw.com.au](http://www.dollclubnsw.com.au)

**Service Description:** A club to bring together people who collect, manufacture, restore and reproduce dolls of all types and doll related items. Activities include meetings, workshops, trading tables, competitions and a library for members. The Annual Doll Fair is held during the last weekend in July.

**Hours:** Meets 1.30pm 1st Saturday of each month (except January).

**Contact:** Shirleyanne McKay (Publicity Officer) 9449 1999

**Fees:** \$40 joining fee, then \$30 per year. Monthly Meeting attendance fee \$2.50.

**Transport:** Close to trains (Granville Station).

**Disability Access:** Yes (use entry on left side of Hall, coming from Carlton street)

### **The Embroiderers Guild of NSW Inc - Eastwood Branch**

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### **Toongabbie Music Club**

**Phone:** 02 9639 7494

Meetings held: Northmead Scout Hall, Whitehaven Rd, Northmead 2152

**Mail to:** 1 Kristine Ave, Baulkham Hills 2153

**Email:** [allendavis1943@aol.com](mailto:allendavis1943@aol.com)

**Web:**

[www.boydsirishmusic.com.au/toongabbie](http://www.boydsirishmusic.com.au/toongabbie)

**Service Description:** We are a music club welcoming all levels and styles of performers.

We promote and support Australian & multi-cultural music & song. We also welcome poets and storytellers, and have contact with singers, musicians & poets.

**Hours:** 2nd & 4th Friday of month at 8pm

**Contact:** Coordinator

**Fees:** Yes

### **Wentworthville Baptist Church Craft Group**

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### **Wentworthville Homing Pigeon Society Inc**

**Phone:** 02 9631 7651

64 Emert St (Cumberland Highway), Wentworthville 2145

**Service Description:** Pigeon racing & sales.

**Hours:** Meetings Fri 8pm Feb - Nov

**Contact:** President.

**Disability Access:** Yes (Access to club.)

### **Westmead Special Care Dental Clinic**

**Phone:** 02 9845 7423 **Fax:** 02 9845 6316

Westmead Dental Clinic, Darcy St, Westmead 2145

**Mail to:** Westmead Dental Clinic, PO Box 533, Wentworthville 2145

**Service Description:** Dental treatment for people with intellectual disability, health care or not. Intravenous sedation, G-Anaesthetic treatment available (waiting lists apply).

Educational video called "dental care for elderly people" that can be ordered through Audio visual unit at Westmead Hospital, a 20 minute tape for \$50.00. 6 months waiting list, if an emergency occurs contact your local public dental clinic. "Smiles for Life" a free 1/2 day education program for parents & caregivers.

**Hours:** 8.00am-5pm

**Contact:** Dr Leda Mugayar-head of unit

**Disability Access:** Yes

## **Physical Fitness**

### **ABC Swimming**

**Phone:** 02 9721 2911 **Fax:** 02 9721 2922

Guildford Heated Pool, 1 Tamplin Rd, Guildford 2161

**Mail to:** PO Box 4025, Guildford West 2161

**Email:** [learn@abcswimming.com.au](mailto:learn@abcswimming.com.au)

**Web:** [www.abcswimming.com.au](http://www.abcswimming.com.au)

**Service Description:** Swimming and Water Safety lessons from babies to adults. Squad training/swim coaching for all levels. Large range of swimwear and swimming accessories. Teaching adults, babies and

champions is fun, safe and easy with ABC Swimming.

**Hours:** Weekdays 9am - 12noon , 3pm - 7pm;  
Sat 7:30am - 12:30pm

**Contact:** Swim School Customer Service

**Fees:** Monthly fees. Family discounts apply.  
Contact Swim School for more information.

**Transport:** Bus, train or car

**Disability Access:** Yes (Ramps, wheelchair access, hoist to lower people into pool, disabled toilet & changeroom.)

**Eligibility:** Nil, anyone can learn to swim

### **Aqua Babies**

**Phone:** 02 9665 6249

**Email:** [surfing@aquababies.com.au](mailto:surfing@aquababies.com.au)

**Web:** [www.aquababies.com.au](http://www.aquababies.com.au)

**Service Description:** Learn to swim classes for babies from six weeks old. Classes at Kogarah, Revesby, Merrylands and Hornsby South

**Contact:** Mobile 0420 401 198

### **Australian Hapkido Federation Inc**

See Page 4

### **Blind Sporting Assn of NSW**

**Phone:** 02 9638 7075 **Fax:** 02 9638 7075

**Mail to:** 46 Rippon Ave, Dundas 2117

**Service Description:** Umbrella sports organisation for people of all ages with a vision impairment. Primary interest in competition for athletics, swimming, lawn bowls, goal ball, tandem cycling, tenpin bowling, cricket, golf, power-lifting, rowing and sailing. Contact for meeting location.

**Hours:** 24 hours (within reason)

**Contact:** Secretary

**Fees:** \$25 per annum

**Transport:** Depends upon sport.

**Disability Access:** Yes (Wheelchair Accessible)

**Eligibility:** People with vision impairments

**Referral:** Anyone may refer

**Volunteering:** Depending upon sporting events. Always typing.

### **Byrnes Dance Image Dance Sport**

**Phone:** 02 9897 7450 **Fax:** 02 9897 9677

Level 1, 280 Parramatta Rd, Granville 2142

**Email:** [nicolebyrnes@danceimage.com.au](mailto:nicolebyrnes@danceimage.com.au)

**Web:** [www.danceimage.com.au](http://www.danceimage.com.au)

**Service Description:** Teach all styles of Dance, including Latin, Ballroom, Salsa, Rock'n Roll, Funk, Hip Hop etc.

**Hours:** 10am-10pm

**Fees:** On Enquiry

**Transport:** Close to train station

**Disability Access:** No

**Languages spoken:** French; Maltese; Russian

**Volunteering:** Yes

### **CAMWEST**

**Phone:** 02 9864 8797

**Email:** [info@camwest.pps.com.au](mailto:info@camwest.pps.com.au)

**Web:** [camwest.pps.com.au](http://camwest.pps.com.au)

**Service Description:** CAMWEST is a group of dedicated cyclists who work with local Councils, the RTA and other bodies that provide for cyclists in Western Sydney.

**Contact:** Secretary

**Fees:** No

### **Carey School of Dancing**

**Phone:** 02 9639 1218 **Fax:** 02 9639 1117

Classes held: St Paul the Apostle Catholic School, Buckleys Rd, Winston Hills 2153

**Mail to:** 9 Aberdeen Rd, Winston Hills 2153

**Email:** [info@careyschoolofdance.com.au](mailto:info@careyschoolofdance.com.au)

**Web:** [www.careyschoolofdance.com.au](http://www.careyschoolofdance.com.au)

**Service Description:** Dancing school teaching Classical Ballet, Tap, Jazz and Modern. Also drama and singing.

**Hours:** Mon-Fri 3:30pm-8:30pm, Sat 8am-1pm

**Contact:** Principal

**Fees:** Yes.

**Disability Access:** Yes

### **Centenary Uniting Community Centre**

**Phone:** 02 9683 5023 **Fax:** 02 9630 4915

46 Sorrell St, Parramatta 2150

**Email:**

[community@centenary.unitingchurch.org.au](mailto:community@centenary.unitingchurch.org.au)

**Web:** [www.centenary.unitingchurch.org.au](http://www.centenary.unitingchurch.org.au)

**Service Description:** The Centre offers a range of community and spiritual activities including: English Conversation Classes- Mondays 7:30pm, Tuesdays and Thursdays 10am; multicultural playgroups - for parents and their children 0-5 years old; multicultural social gatherings; parenting classes for parents with babies 0-6 months old; adult learning; craft group- Wednesdays 10 am; worship services Sundays 9am and 10:30am, Tongan worship service- Sundays 1pm; Out of School Hours Care and Vacation Care; Tai Chi; Yoga; Tango dancing.

**Hours:** Various times for activities, enquire on 9683 5023

**Contact:** Community Worker or Minister

**Fees:** Minimal

**Transport:** Buses down Church St; car park off Fennell St

**Disability Access:** Yes (ramps, hearing loops, disabled toilet)

**Languages spoken:** Korean

**Facilities:** For hire

**Ceroc & Modern Jive Dancing  
Company- Rosehill Bowling Club**

**Phone:** 02 9410 1111 **Fax:** 02 9411 4352  
Rosehill Bowling Club, cnr James Ruse Dr  
and Hassall St, Rosehill 2142

**Mail to:** PO Box 28, Willoughby 2068

**Email:** [info@ceroc.com.au](mailto:info@ceroc.com.au)

**Web:** [www.ceroc.com.au](http://www.ceroc.com.au)

**Service Description:** Modern jive partner dancing. Modern jive is a funky blend of jive, rock & roll, Latin and dirty dancing and is a very social dance that can be used anywhere. Partner not required for class.

**Hours:** Sun 7pm-10pm

**Fees:** On enquiry

**Eligibility:** Prefer 18+ (club age requirement)

**Facilities:** Club facilities

**Ceroc & Modern Jive Dancing  
Company- Wentworthville Leagues**

**Phone:** 02 9410 1111 **Fax:** 02 9411 4352  
50 Smith St, Wentworthville 2145

**Mail to:** PO Box 28, Willoughby 2068

**Email:** [info@ceroc.com.au](mailto:info@ceroc.com.au)

**Web:** [www.ceroc.com.au](http://www.ceroc.com.au)

**Service Description:** Modern jive partner dancing. Modern jive is a funky blend of jive, rock & roll, Latin and dirty dancing and is a very social dance that can be used anywhere. Partner not required for class.

**Hours:** Mon 7:30pm-10:30pm

**Fees:** On enquiry

**Eligibility:** Prefer 18+ (club age requirement)

**Facilities:** Club facilities

**Eastwood & Campsie Scottish  
Association Inc**

**Phone:** 02 9871 3593 **Fax:** 02 9871 3593  
Held at Community Hall, River Rd, Ermington  
2115

**Mail to:** 7 Wavell Ave, Carlingford 2118

**Service Description:** Organises a monthly dance. Hogmanay Dance 31 Dec and Clan night in May. Children welcome.

**Hours:** Dance 4th Sat of month 8pm

**Contact:** 02 9670 5162

**Fees:** Yes

**Transport:** Bus

**Disability Access:** Yes (ramp)

**Gentle Aquarobics Class**

**Phone:** 02 9637 1593

Classes held: Granville Swimming Pool, Enid Ave, Granville 2142

**Service Description:** Gentle aquarobics class suitable for all ages, for pregnant women and anyone who has suffered with an injury or in recovery.

**Hours:** Call pool for times

**Fees:** Fees apply

**Guildford Physical Culture Club**

**Phone:** 0410 681 950

Church Hall, Cnr Guildford Rd & Bolton St,  
Guildford 2161

**Mail to:** 7 Garment St, Fairfield West 2165

**Service Description:** Teaching of physical culture to females aged 3 to ladies and boys aged up to 12. A combination of aerobics, ballet, jazz and gymnastics.

**Contact:** Secretary.

**Fees:** Lessons Cost + Registration

**GymbaROO Carlingford**

**Phone:** 02 9967 8665

Carlingford Scout Hall, Boundary Rd,  
Carlingford 2118

**Mail to:** 50 Marlborough Rd, Willoughby 2068

**Email:** [lyn@gymbarooocentral.com.au](mailto:lyn@gymbarooocentral.com.au)

**Web:** [www.gymbarooocentral.com.au](http://www.gymbarooocentral.com.au)

**Service Description:** GymbaROO offers stimulating parent and child programs in fun weekly sessions. Our programs relate to the specific developmental needs of your child. Our toddlers practice their new skills of walking, running, jumping, balancing and climbing. Preschoolers have greater hand-eye and hand-foot coordination allowing fun activities with our exciting small equipment and growing independence on our specialised gross motor equipment. Our school readiness program combines all this with physical, social, personal, language, prereading and mathematical skills necessary for a successful start to school. Join your child and watch how they blossom with GymbaROO Fun & Learning!

**Hours:** Classes on Tues, Wed and Thurs during school terms.

**Transport:** Bus or train.

**Eligibility:** Up to 6 years.

**In the Door Entertainment**

**Phone:** 02 9639 0127

Winston Heights Primary School, Langdon Rd, Winston Hills 2153

**Mail to:** 11 Reilleys Rd, Winston Hills 2153

**Email:** [inthedooret@bigpond.com](mailto:inthedooret@bigpond.com)

**Web:** [www.inthedoorentertainment.com](http://www.inthedoorentertainment.com)

**Service Description:** In the Door Entertainment is the hills performing arts school which offers classes for various subjects and ages. Subjects offered are Ballet, Tap, Jazz, Singing, Hip-Hop, Drama, Technique and a Performance Troup to represent the school. The teachers are industry professionals

selected carefully to ensure they have teaching skills to work with the students.

**Contact:** 0404 133 784

**Transport:** Bus

**Eligibility:** From 3 to 18 years.

### **Kids Health**

**Phone:** 02 9845 3585 **Fax:** 02 9845 3562

The Children's Hospital at Westmead, cnr Hawkesbury Rd and Hainsworth St, Westmead 2145

**Mail to:** Locked Bag 4001, Westmead 2145

**Email:** [KidsH@chw.edu.au](mailto:KidsH@chw.edu.au)

**Web:** [www.chw.edu.au/parents/kidshealth](http://www.chw.edu.au/parents/kidshealth)

**Service Description:** Bookshop and resource centre which aims to keep children and young people fit, happy, safe and healthy through health promotion, health education and information provision. Provides information on health, development, illness and safety issues.

**Hours:** Mon-Fri 9am-4pm

**Transport:** Close to trains (Westmead station) and buses

**Disability Access:** Yes (Parking, ramps, lifts, toilets)

### **Latin Fusion Dance Academy**

**Phone:** 02 9657 6011

cnr Hassall St and James Ruse Dr, Parramatta 2150

**Email:** [jeremy@latinfusion.com.au](mailto:jeremy@latinfusion.com.au)

**Web:** [www.latinfusion.com.au](http://www.latinfusion.com.au)

**Service Description:** Learn to Salsa, Merenque, Cha Cha and Lombada. Partners not required. Monthly parties. Annual ball.

**Hours:** Mon Tue 8pm-9pm

**Contact:** 0417 294 179

**Fees:** Yes

**Disability Access:** No

**Eligibility:** From 16 years.

### **McCredie Park Aquatics Swimming Club Inc.**

**Phone:** 02 9885 3467 **Fax:** 02 9632 7414

Guildford Heated Swim Centre, Cnr Guildford & Tamplin St, Guildford 2161

**Mail to:** PO Box 255, Guildford 2161

**Service Description:** Swimming club for swimmers of all abilities.

**Hours:** 6pm. Fri nights.

**Contact:** Reception

**Fees:** Variable membership fees from year to year

**Disability Access:** Yes (Wheelchair access to pool)

### **Next Level Generation Performing Arts Company**

**Phone:** 02 9899 3090

Level 3, Macquarie House, 169 Macquarie St, Parramatta 2150

**Mail to:** PO Box 3437, Parramatta 2124

**Email:** [nextlevelg@optusnet.com.au](mailto:nextlevelg@optusnet.com.au)

**Web:** [www.nlg.org.au](http://www.nlg.org.au)

**Service Description:** Dance, song and drama free training for youth and juniors (from 3 years and up). Hip-hop, funk etc. Youth and family focussed. Performances for community events. Dance classes for beginners, intermediate, advanced and performance.

**Hours:** Please ring to confirm

**Contact:** 02 9633 5535 or 0412 562 636

**Fees:** None

**Eligibility:** From 3 years.

### **Parents with Prams walking group**

**Phone:** 02 9684 4250 **Fax:** 02 9684 4451

Leaves from: Dundas Area Neighbourhood Centre, 21 Sturt St, Telopea 2117

**Mail to:** PO Box 3059, Telopea 2117

**Service Description:** A walking group which runs in conjunction with The Heart Foundation. Leaves from Dundas Area Neighbourhood Centre Mondays at 9:30am. Participants are asked to wear a hat and sunscreen and bring water. Stopover and chat at a local park before returning to the centre by 10:30am.

**Hours:** Mon 9:30am-10:30am

**Fees:** Nil

### **Parramatta City Amateur Swimming Club**

**Phone:** 02 9858 1437

Granville Pool, Enid St, Granville 2142

**Mail to:** PO Box 482, Granville 2142

**Email:** [parracity@parracityswimclub.com.au](mailto:parracity@parracityswimclub.com.au)

**Web:** [www.parracityswimclub.com.au](http://www.parracityswimclub.com.au)

**Service Description:** Swimming club. Club races and free learn to swim classes.

**Hours:** Races: Sat 7:30am-9am, Learn to Swim lessons Sat 9:30am-10:30am

**Contact:** Bruce Horlyck - Race registrar

**Fees:** Yes

**Transport:** Close to Granville station

**Disability Access:** Yes (Teaching pool has a ramp)

**Eligibility:** From 4 years.

**Volunteering:** Become a learn to swim instructor

### **Parramatta Cycling Club**

**Phone:** 0416 297 408 **Fax:** 02 9687 1652

Mail to: PO Box 18, Northmead 2152  
**Email:** [judybates@optusnet.com.au](mailto:judybates@optusnet.com.au)  
**Web:** [www.parramatta.cycling.org.au](http://www.parramatta.cycling.org.au)  
**Service Description:** Cycle racing in summer at Merrylands Oval. Various locations for competitive cyclists in winter.  
**Contact:** Membership Secretary  
**Fees:** Yearly registration fee

### **Parramatta District Scottish Dance Group**

**Phone:** 02 9636 8248 (After hours)  
Meets at: Reg Byrne Community Centre, cnr Fyall Av and Darcy Rd, Wentworthville 2145  
**Service Description:** Scottish country dancing is a form of folk dancing, and is danced in a group or set. The class is run by the Sydney Branch of the Royal Scottish Country Dance Society. Come alone or bring a friend. Wear flat shoes. Supper is provided.  
**Hours:** Every Monday night except public holidays  
**Contact:** 02 4751 2246  
**Fees:** \$5 members, \$8 non members.

### **Parramatta Leisure Club**

**Phone:** 02 9806 1833 **Fax:** 02 9806 1844  
107 Macquarie St, Parramatta 2150  
**Mail to:** Locked Bag 5360, Parramatta BC 2124  
**Email:** [leisure@leisureclub.org.au](mailto:leisure@leisureclub.org.au)  
**Service Description:** Provides regular social, leisure, health and fitness programs for people suffering the effects of mental illness.  
**Hours:** Variable. Evening and weekend programs are available  
**Contact:** Co-ordinator. Other phone: 02 9806 1830  
**Fees:** Membership is free. Cost of programs varies. Contact for details  
**Eligibility:** People with a primary diagnosis of mental illness. From 18 to 65 years.  
**Referral:** Referral required from a health professional. Contact for details  
**Volunteering:** This organisation welcomes volunteer assistance. Contact for further details

### **Parramatta Memorial Swimming Club Inc**

**Phone:** 02 9630 3669 **Fax:** 02 9683 3025  
Parramatta Memorial Pool, O'Connell St, Parramatta 2150  
**Mail to:** PO Box 356, Parramatta 2124  
**Email:** [parramemorial@hotmail.com](mailto:parramemorial@hotmail.com)  
**Service Description:** Swimming club open to all ages.  
**Hours:** Sat 7:15am-9am (Summer only)

**Contact:** Secretary  
**Fees:** On request  
**Disability Access:** Yes (As for Parramatta Pool)

### **Parramatta Swimming Centre**

**Phone:** 02 9630 3669 **Fax:** 02 9890 8275  
cnr Victoria Rd and O'Connell St, Parramatta 2150  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Swimming Centre facilities: 50m Olympic Pool; water slides; diving pool; splash pool for toddlers; picnic and BBQ facilities.  
**Hours:** Mon-Fri 5:30am - 6:45pm ; Sat-Sun and public holidays 7am-6:45pm  
**Fees:** Yes  
**Transport:** Close to Parramatta CBD and public transport  
**Disability Access:** Yes (Changerooms, ramps to pool deck, mechanical entry seat.)

### **Pilates in Parramatta P/L**

**Phone:** 02 9806 0179 **Fax:** 02 9806 0179  
Suite 35, 181 Church St, Parramatta 2150  
**Email:** [pilates@pilatesinparramatta.com.au](mailto:pilates@pilatesinparramatta.com.au)  
**Web:** [www.pilatesinparramatta.com.au](http://www.pilatesinparramatta.com.au)  
**Service Description:** Pilates studio. Also provides post physiotherapy rehabilitation for injuries or pain.  
**Hours:** Mon Tue Thu Fri 6-11:30am and 12:30pm-8pm, Wed 12:30-8pm, Fri 6-11:30am Sat 9am-12pm  
**Contact:** Director 0410 412 325  
**Fees:** Contact for details  
**Disability Access:** No  
**Eligibility:** From 7 years.

### **Rhythm Factory Dance, Music and Movement**

**Phone:** 9743 1605 (or 0425 248 375) **Fax:** 9739 6207  
Don Moore Community Centre, Cnr Farnell Ave & North Rocks Rd, Carlingford 2118  
**Email:** [info@rhythmfactory.com.au](mailto:info@rhythmfactory.com.au)  
**Web:** [www.rhythmfactory.com.au](http://www.rhythmfactory.com.au)  
**Service Description:** Dance, music and movement classes offering girls and boys 15 mths to 8 years a fun easy way to develop motor skills, coordination, confidence and self esteem whilst preparing for future opportunities in dance and life. Combo classes: a fun introduction to modern jazz, ballet and tap for 5-8 years. Fun groups, fun music and fun times! Check the website for times.  
**Fees:** \$95 per 9 week term (\$15 casual)  
**Transport:** Bus

**Eligibility:** 15 mths to 8 yrs  
**Facilities:** Children's shows and parties.  
Mobile classes for preschools and playgroups.

### **Scottish Country Dancing Wentworthville**

**Phone:** 02 9636 8248  
Classes held: Reg Byrne Community Centre,  
cnr Fyall Ave and Darcy Rd, Wentworthville  
2145

**Service Description:** Classes run by Royal  
Scottish Country Dance Society, Sydney  
Branch. Come alone or bring a friend. Wear  
flat shoes. Supper provided.

**Hours:** Mon 7:30 pm-9:30pm (except Public  
Holidays)

**Fees:** \$8 per night or \$5 for members

### **SHAREWEST Health and Fitness**

**Phone:** 02 9843 3245 **Fax:** 02 9687 8187  
Parramatta Community Health Services,  
Jeffery House, 162 Marsden St, Parramatta  
2150

**Email:** [Shayda\\_Marek@wsahs.nsw.gov.au](mailto:Shayda_Marek@wsahs.nsw.gov.au)

**Service Description:** Conducts various healthy  
lifestyle courses by trained fitness leaders.  
Courses include: gentle exercise, exercises  
with light weights, Tai-Chi, dance aerobics,  
stress management, relaxation, weight  
reduction.

**Hours:** Mon-Fri 8:30am-5pm

**Contact:** Admin Officer

**Fees:** Contact for details

**Transport:** Close to trains (Parramatta station)  
and buses

**Disability Access:** Yes (Parking (timed), lift)

**Eligibility:** From 30 years.

**Languages spoken:** Gujarati, Hindi

### **Snappy Swim School**

**Phone:** 02 9686 6899 **Fax:** 02 9686 6825  
9 Lister St, Winston Hills 2153

**Mail to:** PO Box 476, Winston Hills 2153

**Email:** [info@snappyswimschool.com.au](mailto:info@snappyswimschool.com.au)

**Web:** [www.snappyswimschool.com.au](http://www.snappyswimschool.com.au)

**Service Description:** Swimming lessons for  
children with either physical or intellectual  
disabilities (or both). All teachers are Austswim  
qualified and have experience in teaching  
people with disabilities ranging from small  
children to adults. Classes will provide the  
opportunity for children to learn water safety  
skills in a fun, stimulating environment with the  
security of their carer in the water with  
them. CLASSES ARE RUN FROM: Tallowood  
School, 44-68 Redden Drive, Kellyville, NSW  
(off Acres Road). Classes are 30 minutes  
duration with both child and carer in the water

together (water is a warm 32 degrees).  
Classes for both mainstream and students  
with special needs - this especially helps with  
siblings.

**Hours:** Classes run Mon-Fri during School  
term only. (STARTING TERM 4, 2007)  
session one: 12:45pm-1:15pm session two:  
1:15pm-1:45pm

**Contact:** Jacy Harding. Please telephone for  
class times each school term.

**Fees:** Depends on age and whether private or  
group class

**Disability Access:** Yes (Hydrotherapy Pool -  
fitted with hoist chair, walk in ramp, disabled  
change rooms)

**Eligibility:** Physical or intellectual disability, 6  
months to school aged

**Referral:** Self

**Facilities:** Term Newsletter; Hydrotherapy  
Pool - fitted with hoist chair, walk in ramp,  
disabled change rooms.

### **Sydney Youth Dragon and Lion Dance Troupe**

**Phone:** 02 9893 9671 **Fax:** 02 9893 9671  
12/67 Great Western Hwy, Parramatta 2150

**Mail to:** W168, Parramatta 2150

**Email:** [taoistkungfu@yahoo.com.au](mailto:taoistkungfu@yahoo.com.au)

**Web:** [www.geocities.com/taoistkungfu](http://www.geocities.com/taoistkungfu)

**Service Description:** Classes in traditional  
Chinese martial arts for health, self defence  
and competition. Chinese Lion and Dragon  
dancing - tuition and demonstrations. Tai Chi  
Chuan and Chi Kung - tuition. Traditional  
herbal medicine and massage.

**Hours:** Mon-Fri 9am-5pm. Contact for class  
times.

**Contact:** 0417 275 325

**Languages spoken:** Cantonese; Mandarin

**Facilities:** Toilets; Public Parking Access

**Volunteering:** Opportunities for volunteers

### **The Children's Hospital- Institute of Sports Medicine**

**Phone:** 02 9845 0761 **Fax:** 02 9845 0432  
The Children's Hospital at Westmead Medical  
Centre, cnr Hawkesbury Rd and Hainsworth  
St, Westmead 2145

**Mail to:** Locked Bag 4001, Westmead 2145

**Email:** [miriamd@chw.edu.au](mailto:miriamd@chw.edu.au)

**Web:** [www.chism.chw.edu.au](http://www.chism.chw.edu.au)

**Service Description:** Provides clinical services,  
exercise testing, sports physiotherapy  
services, research, education and training  
services in paediatric sports, exercise injuries  
and physical activity.

**Hours:** Mon-Fri 8am-4:30pm

**Contact:** Administration Co-ordinator

**Fees:** Medicare Bulk Billed  
**Disability Access:** Yes (Lifts, toilets)  
**Referral:** Referral required from Doctor or other health professional

### **The Edge Ballet Academy**

**Phone:** 9531 5038 (0416 243 755)  
Winston Hills Mall, Caroline Chisolm Drive,  
Winston Hills 2153  
**Email:** [the\\_edge\\_academy@bigpond.com.au](mailto:the_edge_academy@bigpond.com.au)  
**Web:** [www.edgeballet.com.au](http://www.edgeballet.com.au)  
**Service Description:** Dance classes R.A.D.  
ballet, tap, jazz, hip hop and Irish. Also studio  
at Eastwood.  
**Hours:** Thurs night and Sat  
**Fees:** \$11.00 per class

### **Wentworthville RSL Youth Club**

**Mail to:** P O Box 989, Wentworthville 2145  
**Service Description:** Swimming, Dancing,  
Gymnastics, Free Learn to swim.  
**Hours:** Various  
**Contact:** Swimming: Ken Bakon 0412 956  
416, Dancing: Leanne Kearney 0419 489 277,  
Gymnastics: Kim Vella 0403 113 751, Free  
Learn to Swim: Carol Cherry 9890 4643  
**Fees:** POA to contacts  
**Transport:** Railway, Bus

### **Wentworthville Swimming Club**

**Phone:** 0412 956 416 **Fax:** 02 9631 3458  
Wentworthville Swimming Pool, 115 Dunmore  
St, Wentworthville 2145  
**Mail to:** PO Box 279, Wentworthville 2145  
**Email:** [bakon@optushome.com.au](mailto:bakon@optushome.com.au)  
**Service Description:** Competitive swimming  
and free learn to swim.  
**Hours:** Club races: (Oct-May) 7:00am Sat,  
Learn to swim: (Oct-May) 9:00am Sat  
**Contact:** President: Ken Bakon  
**Fees:** Normal Pool Entry, Club Membership  
\$POA  
**Disability Access:** Yes (Hydraulic chair for  
entry to water)  
**Volunteering:** This organisation welcomes  
volunteers. Please contact for details.

### **Westmead Hospital - Cardiac Education and Assessment Programme**

**Phone:** 02 9845 6787 **Fax:** 02 9845 7459  
Westmead Hospital, Level 1, CD Block, cnr  
Hawkesbury Rd and Darcy Rd, Westmead  
2145  
**Service Description:** Outpatient cardiac  
rehabilitation program incorporating exercise,  
education and counselling.  
**Hours:** Mon-Fri 7am-12pm and 1pm-4pm

**Contact:** Clinical Nurse Specialist  
**Fees:** For overseas visitors \$85 per visit  
**Transport:** Close to trains (Westmead station)  
and buses (T-Way)  
**Disability Access:** Yes (Parking, toilets)  
**Referral:** Referral required. Contact for details  
**Languages spoken:** Cantonese

## **Social Clubs and Groups**

### **1st Blaxcell Scout Group**

**Phone:** 02 9681 2478  
Meetings held: Scout Hall, Market St,  
Guildford 2161  
**Mail to:** c/- 12 Lomond St, Guildford 2161  
**Email:**  
[BRUCEROBERTS1@education.nsw.gov.au](mailto:BRUCEROBERTS1@education.nsw.gov.au)  
**Service Description:** A youth organisation  
offering a programme of fun, games, outdoor  
activities and training that helps build  
character and citizenship.  
**Hours:** Scouts: Tue 6:30pm-8:30pm;  
Cubscouts: Mon 6:30pm-8pm  
**Fees:** Yes  
**Disability Access:** Yes (ramp)  
**Eligibility:** Scouts: 10-14 years, Cubscouts: 7-  
10 years. From 7 to 14 years.  
**Volunteering:** Adults- to become trained  
leaders

### **1st Ermington Scout Group**

**Phone:** 02 9614 1146 **Fax:** 02 9614 0051  
cnr Bartlett St and Kissing Point Rd,  
Ermington 2115  
**Mail to:** PO Box 6, Ermington 1700  
**Email:** [groupleader@ermingtonscouts.asn.au](mailto:groupleader@ermingtonscouts.asn.au)  
**Web:** [www.ermingtonscouts.asn.au](http://www.ermingtonscouts.asn.au)  
**Service Description:** Provide fun, games,  
training, outdoors and other challenging  
experiences and awards schemes to  
encourage all youth members to do their best  
and prepare them for life.  
**Hours:** Joeys: Mon 6:30-7:30pm, Cubs: Tue 7-  
8:30pm, Scouts Thu 7-9pm  
**Fees:** Yes  
**Disability Access:** No  
**Eligibility:** From 6 to 15 years.  
**Volunteering:** Leaders over 18 years and  
parent helpers welcome

### **1st Granville Scout Group**

**Service Description:** We have been unable to  
contact this service. Try  
[www.nsw.scouts.com.au](http://www.nsw.scouts.com.au) for further  
information.

### **1st Parramatta Scout Group**

**Service Description:** We have been unable to contact this service. Try [www.nsw.scouts.com.au](http://www.nsw.scouts.com.au) for further information.

**Eligibility:** From 8 to 26 years.

### **1st Rydalmere Scout Group**

**Phone:** 02 9896 8596

Vineyard St, Rydalmere 2116

**Mail to:** PO Box 1014, Dundas 2117

**Email:** [emily.forrest@bankstown.nsw.gov.au](mailto:emily.forrest@bankstown.nsw.gov.au)

**Web:**

[www.geocities.com/scout\\_1strydalmere/index.html](http://www.geocities.com/scout_1strydalmere/index.html)

**Service Description:** Youth activities

**Hours:** Cubs (8-11years) Wed 7- 8:30pm ; Scouts (12-15years) Fri 7-9pm

**Contact:** Group Leader Aleka: Jo Olorenshaw

**Fees:** Yes

**Disability Access:** No

**Volunteering:** Opportunities for volunteers

### **1st Wentworthville Cubs and Scouts**

**Phone:** 02 9688 4136

93 Darcy Rd, Wentworthville 2145

**Service Description:** Weekly meetings for boys and girls. Cubs, aged between 7 and 10 1/2 meet on Wednesday between 7pm and 8:30 pm. Scouts, aged from 10 1/2 to 15 meet on Friday between 7pm and 9pm. Scout leaders are also encouraged to join up.

**Hours:** Various

### **1st Westmead Pinnaroo Scout Fellowship**

**Phone:** 02 9636 1594

61A Good St, Westmead 2145

**Mail to:** C/- 5 Bogan St, Greystanes 2145

**Service Description:** Adults over 26 years of age. Fellowship with others of similar interests. Service to Scouting and the community.

**Hours:** Meeting 2nd Wed each month at 8pm.

**Contact:** Chairperson.

### **1st Westmead Scout Group**

**Phone:** 02 9637 4559

61a Good St, Westmead 2145

**Mail to:** 22 Bradman St, Merrylands 2160

**Email:** [geoffchris@bigpond.com.au](mailto:geoffchris@bigpond.com.au)

**Service Description:** Scouting is a growing world wide youth movement with over 25 million members and over 80000 in Australia. Scouting focuses on young people from 6 to 26 years of age and provides them with opportunities for fun and adventure as well as helping them to develop skills gain self-

confidence and learn teamwork and initiative. Young males and females can progress through the five Scouting sections – Joey Scouts, Cub Scouts, Scouts, Venturer Scouts and Rovers or can start in any section depending on their ages. Scouts are supported by a Group committee made up of interested parents and other adults in the community. As Scouts gain maturity and experience, they are encouraged to take on more responsibility for organising and overseeing their own activities.

**Hours:** Cubs : Mon 7:15pm - 8:45pm; Scouts : Fri 7:30pm - 9:30pm; Rovers: Sun 7:30pm-10pm; Venturers: Wed 7:30pm-9:30pm  
**Contact:** Group Leader. Ken Burnes 0418 236 557

**Fees:** \$20 Joining Fee. \$80 Yearly Membership and Insurance

**Disability Access:** Yes

**Eligibility:** From 7 to 26 years.

**Facilities:** No disabled facilities

**Volunteering:** Leaders & Parent helpers

### **322 (City of Ryde) Squadron Australian Air Force Cadets**

**Phone:** 02 9858 8910 (Wed evening only)

**Fax:** 02 9858 8910

Timor Barracks, Cnr Kissing Pt Rd & Stewart St, Dundas 2117

**Mail to:** 49 Pine Rd, Casula 2170

**Email:** [co.322sqn@aaaf.org.au](mailto:co.322sqn@aaaf.org.au)

**Web:** [www.aaaf.org.au/322sqn](http://www.aaaf.org.au/322sqn)

**Service Description:** The Australian Air Force Cadets (AAFC) is a voluntary youth organisation sponsored by the Royal Australian Air Force. The AAFC provides valuable life skills and will develop qualities including leadership, self reliance, confidence, teamwork and communication. It also provides young people the opportunity to experience life in the Air Force. Some activities undertaken by the AAFC include flying, fieldcraft, adventure training, firearms safety training, drill and ceremonial, service knowledge, aeromodelling, navigation and gliding.

**Hours:** Meets Wed 6-9:30pm during school term

**Fees:** Yes

**Transport:** Train + bus

**Disability Access:** No

**Eligibility:** From 13 to 18 years.

### **Boys' Brigade Australia in NSW (NSW State Office)**

**Phone:** 02 9896 7255 **Fax:** 02 9896 7705

3 Junia Av, Toongabbie 2146

**Mail to:** PO Box 389, Toongabbie 2146  
**Email:** [enquires@brigadeaustralia.org](mailto:enquires@brigadeaustralia.org)  
**Web:** [brigadeaustralia.org](http://brigadeaustralia.org)  
**Service Description:** Youth activities for 5-18 year olds. Companies all over Sydney & Australia. Free call 1800-819-704 for local contact  
**Contact:** 02 9896 7245  
**Eligibility:** Boys. From 5 to 18 years. Male Only.

### **Dundas Area Neighbourhood Centre Inc**

**Phone:** 02 9684 4250 **Fax:** 02 9684 4451  
Ground Floor, Dundas Community Centre, 21 Sturt St, Telopea 2117  
**Mail to:** PO Box 3059, Telopea 2117  
**Email:** [danc@pnc.com.au](mailto:danc@pnc.com.au)  
**Service Description:** Provides information and community development activities for anyone living, working or studying locally. Youth service plus social, educational and recreational activities for adults.  
**Hours:** Mon-Fri 9:30am-4:30pm  
**Contact:** Community Development Worker  
**Fees:** For some services. Contact for details  
**Transport:** Close to trains (Telopea station) and buses  
**Disability Access:** Yes  
**Volunteering:** Yes. Administration, management committee, special events, garden committee, fundraising.

### **Ermington Uniting Church Friendship Club**

**Phone:** 02 9638 3736  
c/- 24 Stevens St, Ermington 2115  
**Service Description:** Provides friendship to alleviate loneliness. Caters to all adults. Cannot accept people with incontinence or dementia. Contact for details of meeting times and location.  
**Hours:** Fri 10am-1pm  
**Contact:** Secretary  
**Fees:** Minimal  
**Transport:** Close to buses  
**Disability Access:** Yes (Parking, toilet)  
**Eligibility:** From 18 years.

### **FOCUS for Women**

Community Room, Level 3 Carlingford Court, Cnr Pennant Hills & Carlingford Rd, Carlingford 2118  
**Email:** [focusforwomen@yahoo.com.au](mailto:focusforwomen@yahoo.com.au)  
**Web:**  
[www.geocities.com/focusforwomen/index.html](http://www.geocities.com/focusforwomen/index.html)

**Service Description:** Social group for mothers. Nominal fee to cover babysitting, morning tea & guest speakers, etc.

**Hours:** Thursdays 11.30am-1pm during the school term

**Fees:** Yes

**Transport:** Bus, train or car (plenty of parking)

**Disability Access:** Yes (Disabled parking; Wheelchair accessible via lifts)

**Eligibility:** Female Only.

**Facilities:** Carers on site to mind mothers' children, guest speakers and other activities, see web page for more details on term program

**Volunteering:** This organisation welcomes volunteer assistance. Please contact for details.

### **Friends of Galaringi - the Carlingford Botanic Parkland Inc**

**Phone:** 02 9872 3122

Evans Rd, Carlingford 2118

**Service Description:** Aims to preserve native botanic parkland and to conserve and rehabilitate the remnant threatened ecological communities.

**Contact:** Secretary

**Volunteering:** Opportunities include working bees, special projects, research and education.

### **German Senior Club**

**Phone:** 02 9816 5095

Old Council Chambers, Civic Place, Parramatta 2150

**Service Description:** Provides social activities and daycare for German senior citizens on Mondays. Meet at Parramatta Civic Place Old Council Chambers Building, 2nd Floor Room 'B' every 2nd Monday from 9.30am to 2pm. Small outings organised on a regular basis - by car or public transport.

**Contact:** President - Manfred Raddatz

**Fees:** For membership

**Transport:** Bus or train.

**Disability Access:** Yes (Fully accessible.)

**Eligibility:** Retirees 60 years and above.

**Languages spoken:** German speaking language group.

### **Guildford Community Garden**

**Phone:** 02 9892 3462 **Fax:** 02 9632 5949

Guildford Community Garden, Rowley Rd, Guildford 2161

**Mail to:** Hewitt House Neighbourhood Centre, 486 Guildford Rd, GUILDFORD 2161

**Email:** [hewitthouse@yahoo.com](mailto:hewitthouse@yahoo.com)

**Service Description:** Gardening - Community garden beds plus your own garden bed. Guildford Community garden is a project of Hewitt House Neighbourhood Centre and is supported by Granville South High School.  
**Hours:** 10am-12pm (Sundays). Other times by arrangement  
**Contact:** Hewitt House Neighbourhood Centre 9892 3462  
**Fees:** \$5.50, membership Hewitt House Neighbourhood Centre for insurance measures as well as an annual plot fee for the garden to which all proceeds go towards the garden eg fertilizer, etc.  
**Transport:** Own transport  
**Disability Access:** Yes (Raised garden beds)  
**Eligibility:** Nil  
**Referral:** Nil  
**Languages spoken:** Lebanese  
**Facilities:** Groups & other organisations are able to use the facilities, as there is a common area used for recreation, by contacting Vicki at Hewitt House on 9892 3462  
**Volunteering:** Volunteers needed.

### **Guildford Scout Group**

**Phone:** 02 9632 3363 **Fax:** 02 9632 3363  
The Meeting Hall, 69 The Esplanade, Guildford 2161  
**Mail to:** 27 Orchid Rd, Guildford 2161  
**Service Description:** Scout Group - Activities, adventure, camping. Boys & Girls, 8yrs-11yrs Cubs, 11yrs-14yrs Scouts  
**Hours:** 7pm-8:30pm Tues (Cubs) , 7pm-9pm Fri (Scouts)  
**Contact:** Group Leader  
**Fees:** \$40 per term  
**Disability Access:** Yes (Ramp at rear)  
**Eligibility:** From 8 to 14 years.

### **Holroyd District Scouts Association**

**Phone:** 02 9632 1765  
50 Iris St, Guildford 2161  
**Email:** [pamronb@optusnet.com.au](mailto:pamronb@optusnet.com.au)  
**Service Description:** Provides training to young people in various aspects of camping, rock climbing, abseiling, sailing, canoeing, flying and awareness of self, nature and the community. This is achieved through badge work and interaction with their peers under the supervision of male and female leaders.  
**Hours:** Evenings  
**Contact:** Other contact number 0414 308 415.  
**Fees:** Varies from group to group  
**Disability Access:** Yes (Access ramps)  
**Eligibility:** From 6 to 26 years.  
**Volunteering:** Leaders are on voluntary basis

### **Holy Family Senior Group**

**Phone:** 02 9637 1954  
Parish Hall, Holy Family School, The Trongate, Granville 2142  
**Mail to:** 163 Mona St, Granville 2142  
**Service Description:** Social group - Bingo & Euchre card games and afternoon tea. A bus picks up & takes people home within the area.  
**Hours:** Starts in February, then every second Tue 1:30-3:30pm. Starting date published annually.  
**Contact:** President Maureen Smith  
**Fees:** Yes  
**Disability Access:** No

### **Home Support & Community Services**

**Phone:** 02 9806 5121 **Fax:** 02 9806 5925  
Level 1, Council Chambers Building, Civic Place, Parramatta 2150  
**Mail to:** PO Box 32, Parramatta 2124  
**Email:** [homesupportadministration@parracity.nsw.gov.au](mailto:homesupportadministration@parracity.nsw.gov.au)  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Funded under the Home and Community Care Program and Council to coordinate activities, services, information, education, referral and support to older people, people with disabilities and their carers. The services include Carers Support, Meals on Wheels (Food Services), Neighbour Aid Services, Peer Support, Garden Maintenance and the Seniors' Leisure and Learning Centre.  
**Hours:** Mon-Fri 8:30am-4:30pm  
**Fees:** Various  
**Disability Access:** Yes  
**Eligibility:** Must be HACC eligible  
**Languages spoken:** Chinese; Lebanese; Malaysian; French; Urdu; Hindi; Punjabi  
**Volunteering:** Yes

### **Inner Wheel Club of Parramatta**

**Phone:** 02 9739 6464  
Meetings held: Workers Club Parramatta, 163-165 George St, Parramatta 2150  
**Mail to:** c/- 57/58 Village Drive, Breakfast Point 2137  
**Web:** [www.innerwheelaustralia.org.au](http://www.innerwheelaustralia.org.au)  
**Service Description:** Friendship and fundraising club. Most of our members are related to Rotarians. We have monthly meetings and welcome new members.  
**Hours:** Meets on the first Monday of each month at 11am  
**Contact:** 02 9736 3716  
**Eligibility:** Female Only.  
**Volunteering:** Contact organisation for details

## **National Seniors Association Parramatta Branch Inc.**

**Phone:** 02 9631 7570

Meetings held: Parramatta RSL Club,  
Macquarie St, Parramatta 2150

**Mail to:** 17 Kullaroo Ave, Castle Hill 2154

**Email:** [edmarmay1@optusnet.com.au](mailto:edmarmay1@optusnet.com.au)

**Web:** [NSAparramatta.googlepages.com/home](http://NSAparramatta.googlepages.com/home)

**Service Description:** NSA Parramatta is a friendly, active group of people from Parramatta and surrounding districts, who enjoy friendship, outings and interesting activities.

**Hours:** Meets 7:00 pm on 4th Wednesday of every month

**Disability Access:** No

**Eligibility:** From 50 years.

## **North Rocks - Carlingford Senior Citizens' Club**

**Phone:** 02 9872 4973

Cnr North Rocks Rd & Farnell Ave,  
Carlingford 2118

**Mail to:** 2a Farnell Ave, Carlingford 2118

**Email:** [hwknapp@tpg.com.au](mailto:hwknapp@tpg.com.au)

**Service Description:** Carpet Bowls.  
Snooker/billiards. Card and board games.  
Regular bus trips. Quizzes, sausage sizzles,  
luncheons, table tennis, darts, bingo and  
computer for seniors.

**Hours:** Mon 9am-1.30pm, Wed 8.30am-2pm,  
SAT 1.30pm-4pm second Sat of Month,  
Excluding 16 Dec-13 Jan

**Contact:** President - Henry Knapp

**Fees:** 2008/09 Annual Subscription \$15

**Transport:** Bus to North Rocks Rd (200-300  
mtrs). Nearest train station is Carlingford

**Disability Access:** Yes (Fully accessible.)

**Eligibility:** Age 50 or over

**Languages spoken:** Members include Italian,  
Greek, Cantonese

## **Northcott Disability Services - Recreation**

**Phone:** 02 9890 0100 **Fax:** 02 9683 2827

1 Fennell St, North Parramatta 2151

**Mail to:** PO Box 4055, Parramatta 2124

**Email:** [recreation@northcott.com.au](mailto:recreation@northcott.com.au)

**Web:** [www.northcott.com.au](http://www.northcott.com.au)

**Service Description:** Recreation for youth  
(aged 12-18) and adults (18+) with physical  
disabilities who are Northcott members.  
Involves individual recreation programs,  
outings, camps, holiday programs and social  
groups. Inter-school sports carnivals open to  
school-aged children with physical disabilities.  
Facilities are fully accessible. A bi-monthly

planner for adults, and term planners for  
youth, school holiday brochures.

**Hours:** Mon-Fri 9am-5pm

**Fees:** Cost of activity

**Disability Access:** Yes (fully accessible)

**Eligibility:** Northcott members - youth and  
adults (aged 12-65) with any physical  
disability

**Referral:** Self, family, service provider, anyone

## **Northmead Uniting Church**

**Phone:** 8839 5100 **Fax:** 9683 6426

3 Hammers Rd, Northmead 2152

**Email:** [nuchurch@bigpond.net.au](mailto:nuchurch@bigpond.net.au)

**Service Description:** Sunday service 9am.

Youth Worship Service Sunday evening.  
Junior High alternate Sunday evenings 5-7pm,  
Friendship Group alternate Thursdays 10am-  
12 noon, Kids Club alternate Fridays for years  
2-5 6-7.30pm, Youth Drop In on Tuesdays  
from 3-5pm. Playgroup Mondays 9.30-  
11.30am. Other programs and activities  
include social activities, youth camps, youth  
discussion groups, and Youth Drop In and  
Homework Centre, Tues 2.30pm-5pm, for  
teenagers in Years 7-12.

**Hours:** Mon - Fri 9am-5pm

**Disability Access:** Yes (Wheelchair access  
and toilet at rear of building)

**Facilities:** Hall

## **Older Womens Network Parramatta**

**Phone:** 02 9680 3517, 02 9631 6601

Meetings held: Harris Park Community  
Centre, 11 Albion St, Harris Park 2150

**Mail to:** PO Box 523, Winston Hills 2153

**Email:** [ownparramatta@yahoo.com.au](mailto:ownparramatta@yahoo.com.au)

**Service Description:** OWN promotes the  
rights, dignity and well-being of older women  
through a range of activities and resources,  
and advocates to government and non  
government agencies on issues of concern.

**Hours:** Meeting every 4th Mon of month  
10am-12pm

**Contact:** Co-ordinator

**Fees:** \$5 annual subscription and donation for  
morning tea

**Transport:** 5 mins walk from Harris Park  
station

**Disability Access:** Yes (Ramp, toilet)

**Eligibility:** From 50 years. Female Only.

**Volunteering:** Volunteers welcome

## **Parramatta Greek Senior Citizens Group**

**Phone:** 02 9516 2188 **Fax:** 02 9516 3177

Meetings held: St John's Greek Orthodox  
Church Hall, 11 Hassall St, Parramatta 2150

**Mail to:** PO Box 784, Newtown 2042  
**Email:** [greekwelfarecentre@bigpond.com](mailto:greekwelfarecentre@bigpond.com)  
**Service Description:** Social group with excursions, guest speakers, games & refreshments.

**Hours:** Thur 10am-12noon

**Eligibility:** Greek speaking aged. From 65 years.

**Languages spoken:** Greek

### **Parramatta Italian Social Group**

**Phone:** 02 9639 5827

Room B, 2nd Floor, Parramatta Council Chambers Building, 1a Civic Pl, Parramatta 2150

**Mail to:** 144 Junction Rd, Winston Hills 2153

**Service Description:** Provides social and educational activities for Italian senior adults.

**Hours:** Group meets Thu 9am-1pm

**Contact:** President

**Fees:** Nominal

**Transport:** Close to trains and buses

**Disability Access:** Yes

**Eligibility:** From 55 years.

**Languages spoken:** Italian

### **Parramatta Leisure Club**

See Page 12

### **Parramatta Memorial Sub-Section, Naval Association of Australia**

**Phone:** 0423 487 064

Meetings held: Parramatta RSL Club, 2 Macquarie St, Parramatta 2150

**Mail to:** c/- 16 Casino Rd, Greystanes 2145

**Service Description:** HMAS Parramatta memorial group.

**Hours:** Meets 2nd Thu of month at 7pm

**Contact:** Hon. Secretary

**Fees:** Yes

**Disability Access:** Yes

### **Parramatta Seniors Leisure and Learning Centre**

**Phone:** 02 9806 5018 **Fax:** 02 9806 5925

Ground floor, Council Chambers Building, Civic Place, Parramatta 2150

**Mail to:** PO Box 32, Parramatta 2124

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** The centre provides a range of educational, recreational and social activities. Membership is open to anyone over the age of 50. There is an annual fee and a small cost per class or activity. Also runs the "Over 50's Leisure and Learning" program at Granville Youth and Community Centre and Tom Collins Meeting Room, Guildford - contact the Coordinator for details.

**Hours:** Mon-Fri 8:30am-4:30pm

**Contact:** Coordinator

**Fees:** Yes

**Transport:** Close to public transport

**Disability Access:** Yes (Ramp, hearing loop and lift)

**Eligibility:** From 50 years.

**Volunteering:** Volunteer tutors welcome to share their skills, interests or hobbies. Also office and front desk volunteers

### **Probus Centre, South Pacific Inc**

**Phone:** 02 9806 0100, 1800 630 488 **Fax:** 02 9633 4779

Level 2, 43 Hunter St, Parramatta 2150

**Mail to:** PO Box 1294, Parramatta 2124

**Email:** [probus@probus.com.au](mailto:probus@probus.com.au)

**Web:** [www.probus.com.au](http://www.probus.com.au)

**Service Description:** Probus Centre is a service/advisory body liaising with Probus Clubs & with Rotary who form the individual clubs as a community service. Clubs have regular meetings which provide social contact, discussion speakers on topical subjects, outings & visits to places of interest for retired business & professional men & women.

**Hours:** Mon-Fri 9am-5pm

**Fees:** Nominal

**Eligibility:** Retired or semi-retired business & professional persons. From 55 years.

### **Probus Club of Parramatta District Inc**

**Phone:** 02 9631 4651

Parramatta RSL Club, Macquarie St, Parramatta 2150

**Mail to:** PO Box 3548, Parramatta 2124

**Service Description:** Probus Club of Parramatta District Inc. is a social club for retired and semi-retired business and professional men & women.

**Hours:** General Meeting- 10:30am-12pm, 2nd Mon of each month. Outings - 1st Mon and last Thurs of each month

**Fees:** Yes

**Disability Access:** Yes

**Eligibility:** From 55 years.

### **Probus Club of Prospect Inc.**

**Phone:** 02 9631 9395

Toongabbie Sports and Bowling Club, 12 Station St, Toongabbie 2146

**Mail to:** PO Box 17, Seven Hills 1730

**Service Description:** Non profit organisation for retired and semi-retired people. Group outings - entertainment - guest speakers, group excursions and social interactions.

**Hours:** 3rd Thu, 10am

**Contact:** 02 9896 1270

**Fees:** \$20 annual membership  
**Transport:** Parking via Quinn Av Seven Hill  
**Disability Access:** Yes (Parking and wheel chair access, toilets, ramps.)  
**Eligibility:** Active retired and semi-retired persons.

### **Probus Club of West Epping Inc**

Meets at Brush Park Bowling Club, Marsden Rd, Dundas 2117  
**Service Description:** Probus is an Association of retired and semi-retired men/women who join together in autonomous Clubs throughout the world. Day tours, walks, lawn bowls group, extended coach tours, golf group, computer interest group and theatre group. Meets on the 4th Friday of the month from 9:30am to 11:30am. Membership numbers:102  
**Contact:** Secretary/Public Officer Gary O'Meara ph:02 9871 4809 ; President Bob Riddell ph:02 9868 7343  
**Fees:** Yes  
**Eligibility:** Male Only.

### **Scouts Australia - Greater Western Sydney Region**

**Phone:** 02 9639 2488 **Fax:** 9686 2510  
**Mail to:** 6 Baden Powell Place, Winston Hills 2153  
**Email:** [gws.region@nsw.scouts.com.au](mailto:gws.region@nsw.scouts.com.au)  
**Service Description:** Provide young people with a program that has them and you feeling good, having fun, and developing life skills. Programs & activities include a wide range of outdoor activities and variety of camps. We attempt to cater for wider interests of young people. Provides contacts for Joeys, Cubs, Scouts, Venturers and Rovers in Greater Western Sydney and information about scout halls in the district. Activities for youth aged 6-26 years. Referral to local groups, meeting on various evenings. .  
**Hours:** 8.30-4.30 Mon-Fri  
**Contact:** Regional Secretary  
**Disability Access:** Yes  
**Eligibility:** From 6 to 26 years.  
**Volunteering:** Contact for details.

### **Single with Children**

**Phone:** 1300 300 496  
**Mail to:** PO Box 906, Baulkham Hills 1755  
**Email:** [enquiries@singlewithchildren.com.au](mailto:enquiries@singlewithchildren.com.au)  
**Web:** [www.singlewithchildren.com.au](http://www.singlewithchildren.com.au)  
**Service Description:** A non-profit organisation, run by volunteers, that provides social activities and functions for single parents and their children within the Sydney and Central Coast areas.

**Hours:** Phone before 9pm  
**Fees:** Yes

### **St Paul's Anglican Church**

**Phone:** 02 9630 1567 (church office)  
13 Crown St, Harris Park 2150  
**Mail to:** c-/ 29 Elizabeth St, Parramatta 2150  
**Service Description:** Church services in Anglican Church format. Other activities include Bible study groups, private counselling, English classes, playgroup and youth group.  
**Hours:** Church Services: 11:30am (Korean)  
Other activities: Wed 10:30am English classes; Tue, Thu Playgroup  
**Contact:** Rector  
**Languages spoken:** Korean  
**Facilities:** Hall for hire

### **Wentworthville Baptist Boronia Seniors**

**Phone:** 02 9632 2246  
Boronia St, Wentworthville 2145  
**Mail to:** 18 Belmont St, Merrylands 2160  
**Service Description:** A programme designed for seniors with interesting guest speakers, activities and some outings. (includes morning tea)  
**Hours:** 10am - 12pm (Second Mon of each month)  
**Contact:** President  
**Fees:** \$3.00  
**Transport:** Westbus  
**Disability Access:** Yes

### **Wentworthville Baptist Church**

**Phone:** 02 9896 0859  
18 Chelmsford Rd, Wentworthville 2145  
**Mail to:** P O Box 351, Wentworthville 2145  
**Email:** [wentybaps@optusnet.com.au](mailto:wentybaps@optusnet.com.au)  
**Service Description:** Christian education, faith exploration, activities for children & youth (including Boys & Girls Brigades), seniors group, playtime, Arabic fellowship group, Bible discussion groups, weddings & funerals.  
**Hours:** All week  
**Contact:** Pastor 0414 632 089 (AH) 9896 3104  
**Fees:** Fees apply to certain groups  
**Disability Access:** Yes (limited)  
**Languages spoken:** Arabic, Hindi  
**Volunteering:** Child protection screening applies for all childrens' workers

### **Wentworthville Pensioners' Welfare Inc**

**Phone:** 02 9635 8469 (Secretary)  
Meetings held: Community Centre, 2 Lane St, Wentworthville 2145  
**Mail to:** PO Box 80, Wentworthville 2145

**Service Description:** Organises recreation and entertainment for all pensioners.  
**Hours:** Mon Thu 8:30am-2:30pm  
**Contact:** 02 9631 4171 (Club room on meeting days)  
**Fees:** For membership  
**Disability Access:** Yes (Disabled toilets)  
**Eligibility:** Aged and/or disabled pensioners

### **Wentworthville Youth Services**

**Phone:** 02 9636 4969 **Fax:** 02 9636 3235  
Dunmore St (behind Wenty Pools),  
Wentworthville 2145  
**Mail to:** PO Box 398, Wentworthville 2145  
**Email:** [wenty.youth@holroyd.nsw.gov.au](mailto:wenty.youth@holroyd.nsw.gov.au)  
**Web:** [www.holroyd.nsw.gov.au](http://www.holroyd.nsw.gov.au)  
**Service Description:** Provides a range of programs and services, including Drop In (Wednesdays & Fridays 3.30-6.00pm), arts-based, video and music programs, school holiday programs, and information and referrals to other services.  
**Hours:** Mon-Fri 10am-6pm  
**Contact:** Youth Worker. Other phone: 0420 312 149  
**Fees:** Minimal costs for some school holiday activities  
**Transport:** Close to trains (Wentworthville station)  
**Disability Access:** Yes (Ramps, toilet)  
**Eligibility:** 12-25 years of age, living, studying or working in the Wentworthville area. From 12 to 25 years.  
**Referral:** Self, teacher, parent, counsellor, or other  
**Volunteering:** TAFE or University students are welcome as volunteers depending on suitability and a Working with Children check. Contact for details.

## **Tourism**

### **Parramatta Chest Clinic**

**Phone:** 02 9843 3110 (Reception) **Fax:** 02 9843 3116  
Parramatta Community Health Services,  
Jeffery House, 162 Marsden St, Parramatta 2150  
**Email:** [pam\\_banner@wsahs.nsw.gov.au](mailto:pam_banner@wsahs.nsw.gov.au)  
**Service Description:** Provides free tuberculosis screening, treatment and management to tuberculosis patients and all Sydney West Area Health Service staff. Provides pre-employment screening. Also provides BCG vaccination for work or overseas travel and acts as an education and resource centre for

tuberculosis. Bookings need to be made in advance.  
**Hours:** Mon-Fri 7am-5pm  
**Contact:** Other phone: 02 9843 3113 (Nurse Unit Manager), 02 9843 3132 (Clinical Nurse Consultant)  
**Fees:** None for TB services. X-ray services are provided under Medicare. \$20 BCG vaccination for non staff members  
**Transport:** Close to buses  
**Disability Access:** Yes (Parking, ramp, lift, toilet)  
**Referral:** Referral required from Doctor for BCG vaccination or TST for overseas travel  
**Languages spoken:** Chinese, Indian

### **Parramatta Heritage & Visitor Information Centre**

See Page 6

### **The Travel Doctor Parramatta**

**Phone:** 02 9891 4850 **Fax:** 02 9891 2966  
Ground Floor, 91 George St, Parramatta 2150  
**Mail to:** PO Box 728, Burwood 2134  
**Email:** [parra1@aapt.net.au](mailto:parra1@aapt.net.au)  
**Web:** [www.traveldoctor.com.au](http://www.traveldoctor.com.au)  
**Service Description:** Provides clinics geared towards providing prospective overseas travellers with up-to-date medical recommendations, preventive medication and vaccination to ensure a safe and healthy trip abroad.  
**Hours:** Mon Tue Wed Fri 9am-5pm, Thu 9am-8pm, Sat 9am-1pm  
**Fees:** Contact for details  
**Disability Access:** Yes (Parking, ramp, lift)

## **Youth Clubs**

### **Northmead Anglican Church**

**Phone:** 02 9630 1234 **Fax:** 9630 1235  
8 Thomas St, Northmead 2152  
**Mail to:** 7 Thomas St, Northmead 2152  
**Email:** [office@nac.asn.au](mailto:office@nac.asn.au)  
**Web:** [www.nac.asn.au](http://www.nac.asn.au)  
**Service Description:** Services: Sunday 9.00 am, 5.00 pm and 6.45 pm, children's church operates during these times. Monday girls group years 1-6. Tuesday boys group years 1-6. Friday night youth group years 7-9. Sunday senior high group 4pm-5.30pm. Play mornings - Tuesday 10-12pm (preschool age). Young adults - meet Wednesday evenings. Winston Hills Anglican Church Service held at Winston Heights Public School, Buckleys Rd at 9.30 am.

**Contact:** Kathy Hall (Ministries Co-ordinator)  
9630 1234

**Transport:** Bus to Windsor Rd (100mtrs).  
Nearest train station is Parramatta.

**Disability Access:** Yes (Accessible building.)

### **Parramatta Police and Community Youth Club**

**Phone:** 02 9635 8242 **Fax:** 02 9635 5923  
12 Hassall St, Parramatta 2150

**Email:** [parramatta@pcycnsw.org.au](mailto:parramatta@pcycnsw.org.au)

**Web:** [www.pcycnsw.org/parramatta](http://www.pcycnsw.org/parramatta)

**Service Description:** Primarily a youth facility catering for youth at risk & the disadvantaged.

A number of low cost activities are provided as a diversion to keep young people away from a life of crime & anti-social behaviour. Activities include: basketball, indoor soccer, pool tables, table tennis, gym, weights and boxing.

**Hours:** Mon-Fri 9am-9pm, Sat 12pm-4pm

**Contact:** Club Manager; Senior Constable

**Fees:** Membership fees: Junior (under 18) & Concession \$10; Senior (over 18) \$25

**Disability Access:** Yes

**Languages spoken:** Spanish, Arabic

**Facilities:** Main Hall available for public use.

**Volunteering:** Supervisors, Qualified instructors.

### **Parramatta Police Station - Youth Liason Officer**

**Phone:** 02 9633 9633 **Fax:** 02 9633 0795  
95 Marsden St, Parramatta 2150

**Service Description:** Youth Liason officer, Senior Constable. Presentations to and working with Youth Centres to assist children and young persons within the local community. Law enforcement specialist for under 18's.

**Transport:** Close Parramatta bus and rail

**Disability Access:** Yes (Front counter accessible by wheelchair or stroller)

### **Scouts Australia - Greater Western Sydney Region**

See Page 20

### **St Andrew's Anglican Church**

**Phone:** 02 9638 3968

7 St Andrews Place, Rydalmere 2116

**Email:** [dundas\\_teloopa@ozemail.com.au](mailto:dundas_teloopa@ozemail.com.au)

**Service Description:** Activities include: Sunday School, youth groups, Girls Brigade, home groups, Bible study, seniors group, pastoral care and a monthly luncheon for seniors.

**Hours:** Sun 8am, 10am and 7pm (all other times by arrangement)

**Contact:** Rev Alan Lukabyo

**Disability Access:** Yes (Hearing loops)

### **St Paul The Apostle Parish**

**Phone:** 02 9639 6516 **Fax:** 9686 1727

Catholic Presbytery, 40 Buckleys Rd, Winston Hills 2153

**Email:** [sptawh@bigpond.com.au](mailto:sptawh@bigpond.com.au)

**Web:** [www.stpaultheapostleparish.org](http://www.stpaultheapostleparish.org)

**Service Description:** Saturday Vigil Mass

6.00pm. Sunday Mass 8.00am, 9.30am and 6.00pm. Reconciliation Saturday 4.30-5.30pm.

**Contact:** Parish Priest, Parish Secretary

**Disability Access:** Yes (Accessible building and toilets.)

### **St Paul's Anglican Church Carlingford**

**Phone:** 02 9871 6077 **Fax:** 9871 6980

Cnr Moseley St and Vickery Ave, Carlingford 2118

**Email:** [office@stpaulscarlingford.org.au](mailto:office@stpaulscarlingford.org.au)

**Web:** [www.stpaulscarlingford.org.au](http://www.stpaulscarlingford.org.au)

**Service Description:** Traditional Service

Sunday 7.45am - Prayerbook, 9.00am and 10.45am - Family church and children's program. We have a diverse range of congregations and groups at St. Pauls,

catering to different age groups, languages, and styles of service. Please see our website for full details.

**Hours:** Office 9.00 am - 4.30 pm Mon - Fri

**Contact:** Senior Minister; Administrator

**Disability Access:** Yes (Fully accessible.)

**Languages spoken:** Mandarin, Cantonese, Farsi

**Volunteering:** Please contact for details.

# Leisure Facilities

## Community Centres

### Dundas Area Neighbourhood Centre Inc

See Page 16

### Dundas Community Centre

**Phone:** 02 9806 5140, 02 9806 5141

(bookings)

27 Sturt St, Telopea 2117

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Community hall and meeting room.

**Fees:** Contact for details

**Disability Access:** Yes (Access, Toilets)

### Ermington Community Centre

**Phone:** 02 9806 5140, 02 9806 5141

(bookings)

10 River Rd, Ermington 2115

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Community hall and meeting room.

**Fees:** Contact for details

**Disability Access:** Yes (Toilets)

### Granville Neighbourhood Centre

**Phone:** 02 9682 1290 **Fax:** 02 9682 1290

2 Carlton St, Granville 2142

**Mail to:** PO Box 39, Granville 2142

**Email:** [bbu74020@bigpond.net.au](mailto:bbu74020@bigpond.net.au)

**Service Description:** Community activities & venue for various groups - International Training in Communication, Rotaract District 9690, Granville Historical Society etc.

**Hours:** Various.

### Granville Youth and Community Centre

**Phone:** 02 9897 9578 **Fax:** 02 9897 9531

3a Memorial Ave, Granville 2142

**Mail to:** PO Box 32, Parramatta 2150

**Web:**

[www.parracity.nsw.gov.au/culture\\_and\\_leisure/recreation/public\\_halls\\_and\\_centers/Granville\\_Community\\_Youth\\_Centre](http://www.parracity.nsw.gov.au/culture_and_leisure/recreation/public_halls_and_centers/Granville_Community_Youth_Centre)

**Service Description:** Community Centre offering programs and activities for youth. Centre is also available for hire by community groups.

**Hours:** Mon-Fri 9-5 (Office)

**Fees:** various

**Disability Access:** Yes

**Languages spoken:** 300m from Granville Station

**Facilities:** Meeting rooms, computer room, band room, basketball court.

### Harris Park Community Centre Inc

**Phone:** 02 9635 0157 **Fax:** 02 9635 0685

11 Albion St, Harris Park 2150

**Email:** [hpcc11@bigpond.com.au](mailto:hpcc11@bigpond.com.au)

**Service Description:** Neighbourhood information centre for local residents. Identifies local concerns and develops services to overcome these gaps.

**Hours:** Mon-Fri 9am-4pm

**Contact:** Community Development Worker

**Fees:** None

**Transport:** Close to trains (Harris Park and Parramatta stations)

**Disability Access:** Yes (Ramp, toilet)

**Facilities:** Meeting room with child care room available for community groups. Contact for further details.

**Volunteering:** This service welcomes English language volunteers. Contact for further details.

### Reg Byrne Community Centre

**Phone:** 02 9806 5140, 02 9806 5141

(bookings)

cnr Darcy Rd and Fyall Ave, Wentworthville 2145

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Community hall and meeting room.

**Fees:** Contact for details

**Transport:** 100m from bus stop; 1.5 km from train station

**Disability Access:** Yes (Toilets)

## Drop-In Centres

### Dundas Area Neighbourhood Centre Inc

See Page 16

### Dundas Area Youth Service

**Phone:** 02 9684 4250 **Fax:** 02 9684 4451

Dundas Area Neighbourhood Centre, 21 Sturt St, Telopea 2117

**Mail to:** PO Box 3059, Telopea 2117

**Email:** [days@pnc.com.au](mailto:days@pnc.com.au)

**Service Description:** We offer services and referrals to any young people aged between 12 & 24 years. We provide information, advocacy, drop-in, workshops, job seeking assistance, homework help groups, art projects and holiday activities for young people living, working or studying in the Ermington, Rydalmere, Dundas and Telopea areas.

**Hours:** Worker available Mon-Fri. Please contact for times of specific activities

**Contact:** Youth Development Worker

**Fees:** Most services are free

**Transport:** Close to trains (Telopea station) and bus 545 from Parramatta Station

**Disability Access:** Yes

**Eligibility:** From 12 to 25 years.

**Referral:** Self referral or from other agencies

**Volunteering:** Volunteer youth activities workers; Homework Help tutors

### **Wesley Disability Services**

**Phone:** 02 9804 5255 **Fax:** 02 9804 6895

Norman Cull Building, 3 Dalmar Pl, Carlingford 2118

**Mail to:** PO Box 2332, Carlingford 2118

**Email:** [wdss@wesleymission.org.au](mailto:wdss@wesleymission.org.au)

**Web:** [www.wesleymission.org.au](http://www.wesleymission.org.au)

**Service Description:** Offers 5 main types of services for people with a disability: respite services (regular and emergency respite), accommodation services (Group homes), day programmes (Transition to Work, Post School Options, Community Participation) and drop in support. Also provides Learning and Development (training in self development courses, accredited courses and skill development courses).

**Hours:** Mon-Fri 9am-5pm (Office)

**Contact:** Other phone: 0419 407 403

**Fees:** For respite care, and group homes. Contact for further details.

**Disability Access:** Yes (Ramps, hearing loops)

**Eligibility:** People suffering from a Intellectual Disability

**Volunteering:** This organisation welcomes volunteer assistance. Contact for further details.

## **Galleries and Museums**

### **Brislington Medical & Nursing Museum**

**Phone:** 02 9843 3106

cnr George St and Marsden St, Parramatta 2150

**Mail to:** PO Box 4981, North Rocks 2151

**Service Description:** The oldest residence in central Parramatta. Built in 1821 and occupied by members and descendants of the Brown family from 1857 to 1949. Situated in the grounds of Parramatta Hospital, Brislington was built by John Hodges, an emancipated convict as a condition to receiving an inn licence from Governor Macquarie. It now houses a medical and nursing museum.

**Hours:** 2nd and last Thu of each month, 11am-3pm

**Contact:** 02 9843 3111 (Campus Manager)

**Fees:** Yes

**Disability Access:** Yes (to ground floor only)

**Eligibility:** No unaccompanied children or school groups

**Volunteering:** Museum is maintained by committee of volunteers

### **Burnside Museum**

**Phone:** 02 9768 6887

9 Blackwood Pl, North Parramatta 2151

**Mail to:** PO Box 6866, Parramatta 2124

**Email:** [dnixon@burnside.org.au](mailto:dnixon@burnside.org.au)

**Web:** [www.burnside.org.au](http://www.burnside.org.au)

**Service Description:** The Museum, which forms part of the Burnside Heritage Centre, was developed to celebrate the lives of people who have lived in Burnside's care.

**Hours:** Tours by appointment

**Contact:** 02 9768 6843

**Fees:** Small entry fee (\$5 per person)

**Transport:** Parking available

**Disability Access:** Yes (Ramp to entry)

**Referral:** Through Dianne Nixon as above

### **Hambleton Cottage**

**Phone:** 02 9635 6924 **Fax:** 02 9635 6924

63 Hassall St (corner of Gregory Pl), Parramatta 2150

**Mail to:** PO Box 1384, Parramatta 2124

**Email:** [parramattahistry@hotmail.net.au](mailto:parramattahistry@hotmail.net.au)

**Web:** [www.hotkey.net.au/~parramattahistry](http://www.hotkey.net.au/~parramattahistry)

**Service Description:** Erected by John Macarthur in 1824 on his Elizabeth Farm property. First used by his son Edward, it was then the home of Archdeacon Thomas Hobbs Scott in 1825-26. Miss Penelope Lucas, the governess of John Macarthur's daughters retired to Hambleton Cottage in 1827 until her death in 1836.

**Hours:** Museum open for inspection by Parramatta & District Historical Society - Wed, Thu, Sat, Sun 11am-4pm

**Contact:** House Manager

**Fees:** Fees payable: Adults \$4, Concessions \$3, Children \$2 (School groups with educational program \$3)

**Disability Access:** Yes (Disabled toilets)  
**Facilities:** Car parking available in Gregory Place. Nearby park suitable for picnic lunches.  
**Volunteering:** Volunteer guides needed.

### **New South Wales Lancers Memorial Museum**

**Phone:** 0405 482 814 **Fax:** 02 4733 3951  
Linden House, Lancer Barracks, 2 Smith St, Parramatta 2150  
**Email:** [enquiries@lancers.org.au](mailto:enquiries@lancers.org.au)  
**Web:** [www.lancers.org.au](http://www.lancers.org.au)  
**Service Description:** Linden House, which was built in 1828 on a site in Macquarie St, is now located within the grounds of Lancer Barracks and houses the museum. This regimental museum preserves the history of the barracks, the regiment, Australian Light Horse & armoured units.  
**Hours:** Sun 10am-4pm  
**Contact:** Hon Secretary  
**Fees:** Yes  
**Disability Access:** No

**Parramatta and District Historical Society Inc**  
See Page 5

**Parramatta Heritage & Visitor Information Centre**  
See Page 6

## **Halls and Meeting Rooms**

**1st Parramatta Scout Group**  
See Page 15

**Blaxcell Street Public School**  
**Phone:** 02 9632 8162 **Fax:** 02 9892 2713  
cnr Blaxcell St and Guildford Rd, Granville 2142  
**Email:** [blaxcellst-p.school@det.nsw.edu.au](mailto:blaxcellst-p.school@det.nsw.edu.au)  
**Web:** [www.blaxcellst-p.schools.nsw.edu.au](http://www.blaxcellst-p.schools.nsw.edu.au)  
**Service Description:** A large multicultural school providing for students from kindergarten to Year 6. Special classes for gifted students, language classes, active parent participation.  
**Hours:** Mon-Fri 8:30am-3pm  
**Contact:** Principal  
**Fees:** Yes  
**Disability Access:** No  
**Eligibility:** From 5 years.  
**Languages spoken:** Arabic; Cantonese; Mandarin; Vietnamese  
**Facilities:** School Hall for hire  
**Volunteering:** Reading and Mathematics programs

### **Dundas Community Centre**

See Page 23

### **Dundas West Uniting Church**

**Phone:** 02 9638 2370 **Fax:** 02 9638 2370  
181 Park Rd, Dundas 2117  
**Email:** [dwuc06@bigpond.com](mailto:dwuc06@bigpond.com)  
**Service Description:** Worship in Uniting Church format. We also have many other groups & activities available such as the community playgroup on Mondays 10am-12pm and Bible study groups.  
**Hours:** Church Services: 9:30am & 11:30am (Korean language service)  
**Contact:** 02 9630 2645, 02 9639 1929  
**Disability Access:** Yes (no steps, large print service material available)  
**Facilities:** Hall, Kitchen facilities and rooms for hire.  
**Volunteering:** Opportunities for volunteers

### **Ermington Community Centre**

See Page 23

### **Ermington Uniting Church**

**Phone:** 02 9638 1819 **Fax:** 02 9638 1819  
cnr Trumper St and Victoria Rd, Ermington 2115  
**Mail to:** 32 Griffiths St, Ermington 2115  
**Email:** [revtrev@tpg.com.au](mailto:revtrev@tpg.com.au)  
**Service Description:** Worship in Uniting Church format. Other activities: Hindi fellowship group, (second Sunday each month), Fijian worship service 11:30am weekly, Sunday School, Friday Friendship Club, English language classes, playgroups (Tuesday and Wednesday mornings) and Preschool, 30 Griffiths Street, 9684-1696  
**Hours:** Church Service: Sun 9:30am.  
**Contact:** Minister  
**Disability Access:** Yes (Accessible toilets)  
**Facilities:** Hall hire contact 9898 0583

### **Granville Library Meeting Room**

**Phone:** 02 9806 5140, 02 9806 5141 (bookings)  
8 Carlton St, Granville 2142  
**Mail to:** PO Box 32, Parramatta 2124  
**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Meeting rooms for hire.  
**Fees:** Contact for details  
**Disability Access:** Yes (Access, Toilet)

### **Granville Town Hall**

**Phone:** 02 9806 5140, 02 9806 5141 (bookings)  
10 Carlton St, Granville 2142  
**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Community hall and meeting room.  
**Fees:** Contact for details  
**Disability Access:** Yes (Access)

### **Granville Youth and Community Centre** See Page 23

**Guildford Public School - School Hall**  
**Phone:** 02 9632 9675 **Fax:** 02 9892 1325  
Apia St, Guildford 2161  
**Service Description:** Available for long term community group bookings only. Dept of School Education Contract and Conditions apply. Seating for approximately 200.  
**Hours:** 8:30am - 3.30pm  
**Fees:** Hourly rate negotiable upon application (Lease to be signed). Bond \$100.00  
**Disability Access:** Yes  
**Eligibility:** From 5 to 12 years.  
**Facilities:** Toilet facilities available.

### **Harris Park Community Centre Inc** See Page 23

#### **JOBMATCH**

**Phone:** 02 9890 0970 **Fax:** 02 9890 9863  
1 Fennell St, North Parramatta 2151  
**Mail to:** PO Box 4055, Parramatta 2124  
**Email:** [jobmatch@northcott.com.au](mailto:jobmatch@northcott.com.au)  
**Web:** [www.northcott.com.au](http://www.northcott.com.au)  
**Service Description:** Employment service for people with a disability, includes people who may need long term support. Assists in job searching, on the job training and post-placement support.  
**Hours:** Mon-Fri 9am-5pm  
**Contact:** Other phone: 02 9890 0970 (TTY)  
**Fees:** None  
**Disability Access:** Yes (Parking, ramp, lift, toilet)  
**Facilities:** Conference room available for hire. Contact for further details.

### **Karabi Community and Development Services Inc**

**Phone:** 02 9631 6575 **Fax:** 02 9636 5428  
cnr Fyall Av and Darcy Rd, Wentworthville 2145  
**Mail to:** PO Box 181, Pendle Hill 2145  
**Email:** [admin@karabi.org.au](mailto:admin@karabi.org.au)  
**Web:** [www.karabi.org.au](http://www.karabi.org.au)  
**Service Description:** Community service agency providing information, activities and advocacy. Services include Neighbour Aid Home Visiting Scheme which operates in Toongabbie, Pendle Hill, Wentworthville,

Westmead, Seven Hills, North Parramatta, Baulkham Hills, Old Toongabbie, Girraween, Winston Hills and Northmead. Also a Community Development Worker, Youth Development Worker, Temporary Visa Holders Project Worker and a Community Development Support Worker (for Toongabbie Neighbourhood Cottage).  
**Hours:** Mon-Fri 9am-5pm  
**Contact:** Manager  
**Fees:** None  
**Transport:** Close to trains (Wentworthville station)  
**Disability Access:** Yes (Parking, ramp, toilet)  
**Eligibility:** Youth, frail aged, disabled and temporary visa holders  
**Facilities:** Meeting rooms and minibus available for use by non profit organisations. Contact for further details.  
**Volunteering:** This organisation welcomes volunteer neighbourhood aid workers. Contact for further details.

### **Lions Club of Parramatta Inc**

**Phone:** 02 9610 2086  
Parramatta Lions Den, 42A Ross St, North Parramatta 2151  
**Mail to:** PO Box 89, Parramatta 2124  
**Email:** [parralions@hotmail.com](mailto:parralions@hotmail.com)  
**Service Description:** Community service group. Fund raising for different causes and support to people/groups in need.  
**Hours:** 2nd and 4th Wednesdays of month 7pm-9:30pm  
**Contact:** Secretary  
**Fees:** Yes  
**Disability Access:** Yes (Ramp)  
**Eligibility:** From 18 years.  
**Facilities:** Hall for hire.

### **Northcott Equipment Solutions**

**Phone:** 02 9890 0195 **Fax:** 02 9890 0924  
1 Fennell St, North Parramatta 2151  
**Mail to:** PO Box 4055, Parramatta 2124  
**Email:** [sales@northcott.com.au](mailto:sales@northcott.com.au)  
**Web:** [www.northcott.com.au](http://www.northcott.com.au)  
**Service Description:** Provides maintenance, repair and modification of wheelchairs, footwear, orthoses and related equipment. Regular country clinics arranged via Northcott Society Regional Co-ordinators in Wagga Wagga, Tamworth, Dubbo and Coffs Harbour. Also manufactures and sells mobility products, pressure care products and seating.  
**Hours:** Mon-Fri 9am-5pm. Appointment preferred for the sales and servicing of equipment.  
**Contact:** Other phone: 02 9890 0186

**Fees:** Variable. Contact for details  
**Disability Access:** Yes (Parking, ramps, toilets)  
**Facilities:** Function Centre, meeting rooms and library available for use. Contact for further details.  
**Volunteering:** This organisation welcomes volunteer assistance in a number of areas. Contact for further details.

### **Northmead Bowling, Recreation and Sporting Club**

**Phone:** 02 9630 2875 **Fax:** 9630 3724  
166 Windsor Rd, Northmead 2152  
**Email:** [admin@northmeadbowlingclub.com.au](mailto:admin@northmeadbowlingclub.com.au)  
**Web:** [www.northmeadbowlingclub.com.au](http://www.northmeadbowlingclub.com.au)  
**Service Description:** Lawn bowls, darts, pool club, fishing club, functions, weddings, children's disco, great food, FREE bowling lessons  
**Hours:** Various - 7 days per week  
**Contact:** Chief Executive Officer  
**Fees:** Various - According to type of membership applied for.  
**Transport:** Bus, Taxi  
**Disability Access:** Yes (Fully accessible.)  
**Eligibility:** From 18 years.  
**Facilities:** Function Rooms, Conference Facilities

### **Northmead High School**

**Phone:** 02 9630 4116 **Fax:** 9630 2769  
Campbell St, Northmead 2152  
**Email:** [northmead-h.school@det.nsw.edu.au](mailto:northmead-h.school@det.nsw.edu.au)  
**Web:** [www.northmead-h.schools.nsw.edu.au](http://www.northmead-h.schools.nsw.edu.au)  
**Service Description:** Secondary School  
**Hours:** Mon-Fri 8:15 am - 2.32 pm (Office 8.00 am - 3.00 pm)  
**Contact:** Principal - Narelle Vazquez  
**Disability Access:** No  
**Facilities:** Hall available for hire.  
**Volunteering:** Enquire at school for volunteering opportunities.

### **Northmead Primary School**

**Phone:** 02 9630 3133 **Fax:** 9890 1796  
Cnr Moxhams & Kleins Rd, Northmead 2152  
**Email:** [northmead-p.school@det.nsw.edu.au](mailto:northmead-p.school@det.nsw.edu.au)  
**Service Description:** Primary School  
**Hours:** 8.30am-3.30pm  
**Contact:** Principal  
**Fees:** \$51 for 1 child, \$76 for family of 2 or more  
**Disability Access:** Yes (New Hall/Canteen only)  
**Facilities:** Assembly hall available for hire.

**Volunteering:** Opportunities exist for volunteers to assist with educational programs. Please contact for details.

### **Old Government House**

**Phone:** 02 9635 8149 **Fax:** 02 9891 4102  
Parramatta Park, Parramatta 2150  
**Mail to:** PO Box 431, Parramatta 2124  
**Email:** [oghouse@bigpond.com](mailto:oghouse@bigpond.com)  
**Web:** [www.oldgovernmenthouse.com.au/](http://www.oldgovernmenthouse.com.au/)  
**Service Description:** Old Government House was the country residence of Colonial Governors until the 1850's. It now houses the Nation's most important collection of early Australian furniture and tells the stories of early Governors. Old Government House is the only building in Australia which contains 18th century interiors complete with joinery, doors and soft furnishings.  
**Hours:** Monday for booked groups only. Tue-Fri 10am-4pm. Weekends and public holidays 10:30am-4pm. Closed Good Friday and Christmas Day.  
**Fees:** Yes  
**Disability Access:** Yes (to ground floor only)  
**Facilities:** Available for wedding ceremonies and photography.  
**Volunteering:** Opportunities for volunteer guides, reception and garden group and fundraising events.

### **Parramatta City Library (Central)**

See Page 6

### **Parramatta Community Health Services - Speech Pathology Service**

**Phone:** 02 9843 3222 **Fax:** 02 9891 2825  
Parramatta Community Health Services, Jeffery House, 162 Marsden St, Parramatta 2150  
**Service Description:** Provides assessment and treatment of children aged 0 to 12 with communication disorders. Focus is early intervention, so priority is given to children age 0-3 years. No individual treatment blocks are provided for children with learning disorders over 8 years of age.  
**Hours:** Mon-Fri 8:30am-5pm  
**Contact:** Intake Worker  
**Fees:** None  
**Transport:** Close to trains (Parramatta station)  
**Disability Access:** Yes (Parking (by prior arrangement), ramp, lift, toilets)  
**Eligibility:** Children with communication disorders living in or attending school in the Parramatta Local Government Area. Up to 12 years.

**Referral:** Referral required. Contact for further details.

**Facilities:** Meeting rooms available. Contact for further details.

### **Parramatta Heritage & Visitor Information Centre**

See Page 6

### **Parramatta Mission**

**Phone:** 02 9891 2277 **Fax:** 02 9891 4577

119 Macquarie St, Parramatta 2150

**Mail to:** Locked Bag 5360, Parramatta 2124

**Email:** [wecare@parramattamission.org.au](mailto:wecare@parramattamission.org.au)

**Web:** [www.parramattamission.org.au](http://www.parramattamission.org.au)

**Service Description:** Community and care services. Lifeline counselling, Meals Plus – breakfast and lunch Monday to Friday and crisis accommodation for men, women and children. Mental Health Support Programs such as Family and Carer Program, Personal Helpers and Mentor Program and Supported Accommodation programs.

**Hours:** Office Mon-Thu 8:30am- 5pm, Fri 8:30am-3pm

**Contact:** General Manager/ Senior Minister

**Fees:** None

**Transport:** 200m walk from Parramatta Station

**Disability Access:** Yes (Standard disabled facilities available.)

**Volunteering:** This organisation welcomes volunteers. Please contact for details.

### **Parramatta Town Hall**

**Phone:** 02 9806 5140, 02 9806 5141

(bookings)

Church St Mall, Parramatta 2150

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Town hall and meeting rooms for hire.

**Fees:** Contact for details

### **Pendle Hill High School**

**Phone:** 02 9631 9651 **Fax:** 02 9896 3093

Knox St, Wentworthville 2145

**Email:** [pendlehill-h.school@det.nsw.edu.au](mailto:pendlehill-h.school@det.nsw.edu.au)

**Web:** [www.pendlehill-h.schools.nsw.edu.au](http://www.pendlehill-h.schools.nsw.edu.au)

**Service Description:** Co-educational Years 7 to 12 comprehensive high school.

**Contact:** Principal

**Fees:** Yes

**Disability Access:** Yes

**Facilities:** School Hall can be hired

### **Reg Byrne Community Centre**

See Page 23

### **Scouts Australia - Greater Western Sydney Region**

See Page 20

### **St Bernadettes Primary School**

**Phone:** 02 9871 5173 **Fax:** 02 9871 8408

Cox Crescent, Dundas Valley 2117

**Mail to:** PO Box 3076, Telopea 2117

**Email:** [dundasvalley@parra.catholic.edu.au](mailto:dundasvalley@parra.catholic.edu.au)

**Service Description:** Primary school for children Kindergarten to year 6.

**Hours:** Mon-Fri 8:30am-3:30pm

**Contact:** Principal

**Fees:** Yes

**Disability Access:** Yes

**Eligibility:** From 5 to 12 years.

**Facilities:** Hall for hire

### **St Patrick's Cathedral**

**Phone:** 02 8839 8400 **Fax:** 02 9630 8817

1 Marist Place, Parramatta 2150

**Email:** [admin@stpatrcathedral.com.au](mailto:admin@stpatrcathedral.com.au)

**Web:** [www.stpatrcathedral.com.au](http://www.stpatrcathedral.com.au)

**Service Description:** The Cathedral is the mother church of the Catholic Diocese of Parramatta under the leadership of the Most Rev. Kevin Manning, Bishop of Parramatta.

**Hours:** 9am-5pm Mon-Fri

**Contact:** Fr. Wim Hoekstra, Dean of the Cathedral

**Disability Access:** Yes (Ramps, hearing Loop, Wheelchair places)

**Facilities:** Cathedral for Catholic weddings (fees apply) and for Catholic Liturgical celebrations. Hall for Hire

**Volunteering:** Contact the Parish Office regarding the many opportunities available.

### **St Paul's Anglican Church**

See Page 20

### **The Hills Regional Skills Centre**

**Phone:** 02 9630 6311 **Fax:** 9683 5338

2 Masons Dr, North Parramatta 2151

**Email:** [redeemer@ozemail.com.au](mailto:redeemer@ozemail.com.au)

**Web:** [www.redeemer.nsw.edu.au](http://www.redeemer.nsw.edu.au)

**Service Description:** Vocational Education with courses offered in Electrotechnology, Hospitality, Construction, Business Services, Information Technology, Exploring Early Childhood and Desktop Publishing.

**Hours:** 9.00am - 5.00pm Mon to Fri

**Contact:** Principal

**Fees:** Contact Registrar

**Transport:** Bus

**Disability Access:** Yes (Ramps, toilets.)

**Eligibility:** Students from government and non government schools may apply.

**Referral:** Applications available from Home School

**Facilities:** Rooms available for meetings, functions, discussions and small dinners.

### **Tom Collins Meeting Room**

**Phone:** 02 9806 5140, 02 9806 5141

(bookings)

Railway Tce, Guildford 2161

**Mail to:** PO Box 32, Parramatta 2124

**Email:** [council@parracity.nsw.gov.au](mailto:council@parracity.nsw.gov.au)

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Meeting room for hire.

**Fees:** Contact for details

**Disability Access:** Yes (Access, Toilets)

### **Unifam Counselling and Mediation Service**

**Phone:** 02 8830 0700 **Fax:** 02 9633 5610

Level 6, 146 Marsden St, Parramatta 2150

**Mail to:** PO Box 3156, Parramatta 2124

**Email:**

[parramattacentre@unifamcounselling.org](mailto:parramattacentre@unifamcounselling.org)

**Web:** [www.unifamcounselling.org](http://www.unifamcounselling.org)

**Service Description:** Provides family therapy and mediation to adolescents, families and individuals.

**Hours:** Mon-Fri 9am-5pm (Office). By appointment only. After hours appointments by negotiation

**Contact:** Intake Worker

**Fees:** Means tested

**Transport:** Close to trains (Parramatta station) and buses

**Disability Access:** Yes (Lift, toilets)

### **Wentworthville Public School**

**Phone:** 02 9631 8529 **Fax:** 02 9896 3079

cnr Station St and Fullagar Rd, Wentworthville 2145

**Email:** [wentwthvil-p.school@det.nsw.edu.au](mailto:wentwthvil-p.school@det.nsw.edu.au)

**Web:** [www.wentwthvil.p-schools.nsw.edu.au](http://www.wentwthvil.p-schools.nsw.edu.au)

**Service Description:** Public primary school.

**Hours:** 8:55am-2:55pm Mon-Fri

**Fees:** Voluntary school contribution \$28 per child per year

**Transport:** Walking or school bus

**Disability Access:** Yes (Ramps to some areas, disabled toilet and shower)

**Eligibility:** Families must live within the school's designated enrolment area. Map available for viewing at school office. From 4 to 12 years.

**Facilities:** School hall for hire (out of school hours) upon approval by school council

**Volunteering:** Yes

### **Winston Heights Public School**

**Phone:** 02 9624 7485 **Fax:** 9838 8482

Buckleys Rd, Winston Hills 2153

**Email:** [winstonhts-p.school@det.nsw.edu.au](mailto:winstonhts-p.school@det.nsw.edu.au)

**Web:** [www.winstonhts-p.schools.nsw.edu.au](http://www.winstonhts-p.schools.nsw.edu.au)

**Service Description:** Primary School

**Hours:** Mon - Fri 8.30 am - 3.00 pm

**Contact:** Principal - Peter Dawson

**Disability Access:** No

**Facilities:** School hall available for hire.

**Volunteering:** Parent volunteers welcome.

### **Winston Hills Public School**

**Phone:** 96398518 **Fax:** 96863274

Hillcrest Ave, Winston Hills 2153

**Email:** [winstonhil-p.school@det.nsw.edu.au](mailto:winstonhil-p.school@det.nsw.edu.au)

**Web:** [www.winstonhil-p.school.nsw.edu.au](http://www.winstonhil-p.school.nsw.edu.au)

**Service Description:** Primary School

**Hours:** 8.30am - 3.30pm

**Contact:** Principal - Margaret Charlton

**Transport:** School bus.

**Disability Access:** Yes (Fully accessible.)

**Facilities:** School hall available for hire.

### **Worldwide Friendship**

**Phone:** 02 9683 5023 **Fax:** 02 9630 4915

cnr Sorrell St and Fennell St, Parramatta 2150

**Mail to:** 46 Sorrell St, Parramatta 2150

**Email:**

[community@centenary.unitingchurch.org.au](mailto:community@centenary.unitingchurch.org.au)

**Web:** [www.centenary.unitingchurch.org.au](http://www.centenary.unitingchurch.org.au)

**Service Description:** Worldwide Friendship is a gathering of many people from many different countries and diverse backgrounds. We share together food, music and conversation, learning about each others' culture and traditions. Everyone is welcome, whatever their age (we providesome children's activities). If speaking English is hard, that is understood.

**Hours:** 2nd Sun of the month 6pm-8pm;

February to November

**Contact:** Community Worker

**Fees:** None

**Transport:** Buses down Church St; car park off Fennell St

**Disability Access:** Yes (ramp)

**Languages spoken:** Korean

**Facilities:** Hire of ahll and kitchen

## **Parks and Reserves**

Parramatta City Council maintains over 100 parks and reserves. Information about locations and facilities is available on the Council's Website at: [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

### **Ambrose Hallen Park Committee**

**Phone:** 0401 768 688 **Fax:** 02 9636 8623

**Mail to:** c/o Toongabbie Public School,  
Ballandella Rd, Toongabbie 2146

**Email:** [bbright@aapt.net.au](mailto:bbright@aapt.net.au)

**Service Description:** Helps Council plan and maintain facilities at Ambrose Hallen Park, Devonshire Ave, Toongabbie

**Hours:** Meets 7 times per year

**Transport:** Train to Toongabbie or Pendle Hill and 15 min walk

**Disability Access:** No

**Facilities:** Play area with swings etc, a community garden.

**Volunteering:** Attend committee meetings advertised in local press; help in the garden.

### **Friends of Galaringi - the Carlingford Botanic Parkland Inc**

See Page 16

### **Lake Parramatta Reserve Park Committee**

**Phone:** 02 9630 3422

Lackey St, North Parramatta 2151

**Mail to:** 64 North Rocks Rd, North Rocks 2151

**Email:** [helena.dalton@gmail.com](mailto:helena.dalton@gmail.com)

**Service Description:** Official park committee. Role is mainly hands-on bush regeneration.

**Hours:** 1st Sun of month Feb-Nov, 9am-12noon

**Volunteering:** All welcome to participate with us on Sundays or at other times by negotiation with ourselves and Council Bushland Management.

### **National Parks and Wildlife Service Central Branch**

**Phone:** 02 9895 7420 **Fax:** 02 9895 7414

Level 1, 10 Valentine Ave, Parramatta 2150

**Mail to:** PO Box 95, Parramatta 2124

**Web:** [www.nationalparks.nsw.gov.au](http://www.nationalparks.nsw.gov.au)

**Service Description:** Government agency responsible for National Parks & other reserves, natural & cultural heritage & wildlife. Information and annual passes for parks and reserves.

**Hours:** Mon-Fri 8.30am-4.30pm

**Fees:** Varies

**Transport:** Near Parramatta Rail/Bus interchange

**Disability Access:** Yes (Lifts)

**Languages spoken:** French, Hindi, Ethiopian

**Volunteering:** Yes

### **Parramatta Park**

**Phone:** 02 8833 5000 **Fax:** 02 9689 1452

cnr Pitt St and Macquarie St, Parramatta 2150

**Mail to:** PO Box 232, Parramatta 2124

**Email:** [info@ppt.nsw.gov.au](mailto:info@ppt.nsw.gov.au)

**Web:** [www.ppt.nsw.gov.au](http://www.ppt.nsw.gov.au)

**Service Description:** Parramatta Park is a cultural landscape of national significance & one of Sydney's most vibrant urban parks.

Visit the home of the Burramatta clan of the Darug people, the Burramatta Visitor Centre, the Historic Dairy Precinct (one of Australia's oldest houses and a former farm and dairy), the Parramatta Park Cafe and Event Centre, attend an outdoor event, or have a relaxing picnic by the Parramatta River. Dairy tours on first Tuesday and second Wednesday of the month from 2pm-3pm. Bookings essential.

**Hours:** 6am-6pm - winter, 6am-8pm - daylight savings.

**Contact:** Director, Parramatta Park

**Fees:** Yes, for hiring an area or conducting an event.

**Transport:** Accessible from Parramatta and Westmead railway stations; car.

**Disability Access:** Yes (Toilets)

**Facilities:** Picnic shelters, BBQ's, cricket wickets, children's playgrounds and exercise station.

**Volunteering:** Opportunities available: customer service, tour guiding, interpretation activities and bushcare.

## **Public Libraries**

### **Constitution Hill Library**

**Phone:** 02 9896 2201

20 Hollis St, Wentworthville 2145

**Mail to:** PO Box 32, Parramatta 2124

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Public library services. Part of Parramatta City Library.

**Hours:** Mon & Thur 10am-8pm. Tue, Wed & Fri 10am-5.30pm. Sat 9.30am-12pm

### **Dundas Valley Branch Library**

**Phone:** 02 9638 1146

Sturt St (opp Telopea Public School), Telopea 2117

**Mail to:** PO Box 32, Parramatta 2124

**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)

**Service Description:** Public library services. Part of Parramatta City Library.

**Hours:** Mon & Thur 10am-8pm. Tue, Wed. & Fri 10am-5.30pm. Sat 9.30am-12 pm

### **Ermington Branch Library**

**Phone:** 02 9638 2270

River Rd (behind Ermington Shopping Centre), Ermington 2115

**Mail to:** PO Box 32, Parramatta 2124  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Public library services. Part of Parramatta City Library.  
**Hours:** Mon & Thur 10am-8pm. Tue, Wed & Fri 10am-5.30pm. Sat 9.30am-12pm

### **Granville Branch Library**

**Phone:** 02 9637 4270  
8 Carlton St (next to Town Hall), Granville 2142  
**Mail to:** PO Box 32, Parramatta 2124  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Public library services. Part of Parramatta City Library.  
**Hours:** Mon & Thur 10am-8pm. Tue, Wed & Fri 10am-5.30pm. Sat 9.30-12pm

### **Guildford Branch Library**

**Phone:** 02 9632 6744  
Railway Tce, Guildford 2161  
**Mail to:** PO Box 32, Parramatta 2124  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Public library services. Part of Parramatta City Library.  
**Hours:** Mon & Thur 10am-8pm. Tue, Wed & Fri 10am-5.30pm. Sat 9.30am-12pm

### **Housebound Readers Library Service**

**Phone:** 02 9806 5150 **Fax:** 02 9806 5159  
Civic Place, Parramatta 2150  
**Mail to:** PO Box 32, Parramatta 2124  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Library service to frail people, people with a disability or those who have difficulty getting to their local library during convalescence after an illness or injury. Generally a doctors certificate will be required. Bulk book deliveries can be arranged for Nursing Homes, Villages or other organisations.  
**Hours:** Mon-Fri 9am-4:30pm  
**Fees:** Free service (except for the cost of lost or damaged items)  
**Eligibility:** Doctor's Certificate and resident in Parramatta LGA

### **Parramatta City Library (Central)**

See Page 6

### **Parramatta Heritage & Visitor Information Centre**

See Page 6

## **Sports Facilities**

### **Carlingford Tennis Courts**

**Phone:** 02 9847 6791

Dunrossil Reserve, Dunrossil St, Carlingford 2118

**Service Description:** Tennis courts for hire  
**Contact:** No bookings required. Courts open on a first come first served basis. 2 tennis/netball courts synpave surface.

### **Dundas Public School**

**Phone:** 02 9638 2813 **Fax:** 02 9638 0983  
85 Kissing Point Rd, Dundas 2117  
**Email:** [dundas-p.school@det.nsw.edu.au](mailto:dundas-p.school@det.nsw.edu.au)  
**Web:** [www.dundas-p.schools.nsw.edu.au](http://www.dundas-p.schools.nsw.edu.au)  
**Service Description:** Provides schooling for children, kindergarten to year 6. Mandarin classes run on Thursday afternoon 3:30-5:30pm.  
**Hours:** Mon- Fri 8:30am-3pm  
**Contact:** Principal  
**Fees:** Yes  
**Disability Access:** No  
**Eligibility:** From 5 to 12 years.  
**Facilities:** Multipurpose court for hire

### **Fullagar Road Tennis Courts**

**Phone:** 02 9840 9840  
Fullagar Rd, Wentworthville 2145  
**Mail to:** PO Box 42, Merrylands 2160  
**Service Description:** Two tennis courts.  
**Hours:** 8:30am-4:30pm  
**Contact:** Holroyd City Council  
**Fees:** \$6.50 before 5pm per hour. \$10.50 after 5pm per hour.

### **Girraween Park Local Committee**

**Phone:** 02 4396 1027 **Fax:** 02 4396 1029  
Octavia St, Toongabbie 2146  
**Mail to:** PO Box 128, Toongabbie 2146  
**Email:** [bill\\_ducksbury@bigpond.au](mailto:bill_ducksbury@bigpond.au)  
**Service Description:** 2 synthetic cricket wickets within 2 sporting fields, 3 football fields and a childrens playground.  
**Hours:** 6am-9pm  
**Contact:** Secretary/Treasurer 0407-944-941  
**Fees:** As per Council's schedule  
**Disability Access:** Yes

### **Granville Swimming Centre**

**Phone:** 02 9637 1593  
Enid Ave, Granville 2142  
**Web:** [www.parracity.nsw.gov.au](http://www.parracity.nsw.gov.au)  
**Service Description:** Facilities include: cafe, outdoor lap pool with a linked learn-to-swim pool; leisure pool with beach entry and main Olympic pool with covered spectator seating for schools and carnivals. Lockers and hot showers available.

**Hours:** Mon-Fri 5:30am-7pm; Sat, Sun and public holidays 7am-4pm (Winter) 7am-7pm (Summer)

**Fees:** \$4 adult, \$3 children and pensioners, \$2.20 spectators. Passes also available.

**Disability Access:** Yes (Disabled access to change rooms and 25m pool)

### **M J Bennett Reserve**

**Phone:** 0400 477 903

Gowrie Cres, Westmead 2145

**Service Description:** 2 synthetic fields. Cricket, football, netball fields.

**Contact:** Cricket 9631 8307

### **Parramatta Stadium Trust**

**Phone:** 02 9683 5755 **Fax:** 02 9890 3345

O'Connell St, Parramatta 2150

**Mail to:** PO Box 2471, North Parramatta 1750

**Email:** [info@parramattastadium.com.au](mailto:info@parramattastadium.com.au)

**Web:** [www.parramattastadium.com.au](http://www.parramattastadium.com.au)

**Service Description:** Parramatta Stadium Trust is a multipurpose sporting arena which conducts football matches, sporting, entertainment and community events. Also provides corporate and conference facilities.

**Hours:** Mon-Fri 9am-5pm and when events are being held

**Fees:** Yes

**Transport:** Bus/ train

**Disability Access:** Yes

**Facilities:** Contact organisation for details

**Volunteering:** Contact organisation for details.

### **Parramatta Swimming Centre**

See Page 12

### **Parramatta-Baulkham Hills and Districts Hardcourt Tennis Association Inc**

**Phone:** 02 9683 1703 **Fax:** 02 9683 6602

Venue: Jeffery Reserve, Barton St, North Parramatta 2151

**Mail to:** PO Box 152, Northmead 2152

**Email:** [secretary@parratennis.net.au](mailto:secretary@parratennis.net.au)

**Web:** [www.parratennis.net.au](http://www.parratennis.net.au)

**Service Description:** 13 grass courts and 4 clay courts with lights available for hire (Social and Competition). Coaching is available - contact John May

**Hours:** Courts available 8am-11pm

**Contact:** Caretaker/Coach

**Fees:** Yes. Subject to regular revision.

**Transport:** Bus

**Disability Access:** Yes (to courts only)

**Eligibility:** Suitable tennis shoes must be worn

**Facilities:** Pro shop and kiosk. BBQ facilities on request

### **Ringrose Park Local Committee**

**Phone:** 02 9631 9333 **Fax:** 02 9631 9360

Cnr Smith St & Cumberland Hwy, Wentworthville 2145

**Mail to:** 16 Mashman Ave, Wentworthville 2145

**Service Description:** Sporting events, Parks and Reserves

**Contact:** Secretary.

### **Wentworthville Heated Swim Centre**

**Phone:** 02 9631 9439 **Fax:** 02 9688 2152

Dunmore St, Wentworthville 2145

**Service Description:** Hours: Jan-Feb: Mon-Sat 6am-8pm, Sun & public holidays 7am-8pm; Mar: Mon-Sat 6am-7pm, Sun & public holidays 7am-7pm; Apr-May: Mon-Fri 6am-7pm, Sat 6am-2pm, Sun & public holidays 7am-2pm; May-Jun: Mon-Fri 3pm-7pm; Aug-Sep: Mon-Fri 3pm-7pm; Sep-Oct: Mon-Sat 6am-7pm, Sun & public holidays 7am-6pm; Nov-Dec: Mon-Sat 6am-7pm, Sun & public holidays 7am-7pm.

**Hours:** Seasonal: as above

**Contact:** Pool Supervisor: Shane Harrison

**Fees:** Adults \$4.20, Children \$2.70,

Pensioners/Spectators \$2.70 (Subject to

change without notification.) Children Under 5 free.

**Transport:** Train, Bus

**Disability Access:** Yes (chair lift access into swimming pool)

### **Wentworthville Memorial Bowling and Community Club**

**Phone:** 02 9631 9518, 0414 890 185 **Fax:** 02 9631 9518

28 Pritchard St West, Wentworthville 2145

**Mail to:** PO Box 89, Wentworthville 2145

**Email:** [ribbo@aapt.net.au](mailto:ribbo@aapt.net.au)

**Service Description:** Lawn bowl facilities for female and male bowlers. Junior bowlers (14 to 18 years) and senior bowlers (over 18 years) are all welcome as well as all new comers. Hours - Tues afternoon, Fri morning, Saturday and Sunday.

**Disability Access:** Yes

## **Swimming Pools**

### **Granville Swimming Centre**

See Page 31

### **Parramatta Swimming Centre**

See Page 12

### **Wentworthville Heated Swim Centre**

See Page 32

## Theatres

**Riverside Theatres**  
See Page 3

# Sports

## Air Sports

### 322 (City of Ryde) Squadron Australian Air Force Cadets

See Page 15

## Athletics

### Blind Sporting Assn of NSW

See Page 9

### Little Athletics Association of NSW Inc.

Phone: 02 9633 4511 Fax: 02 9633 2821

90-92 Harris St, Harris Park 2150

Mail to: Locked Bag 85, Parramatta 2124

Email: [admin@laansw.com.au](mailto:admin@laansw.com.au)

Web: [www.littleathletics.com.au](http://www.littleathletics.com.au)

**Service Description:** Little Athletics peak body in NSW. Season starts in September ends in March.

**Hours:** Office hours: Mon-Fri 9am-5pm

**Contact:** Chief Executive Officer;  
Administration Manager.

**Fees:** Yes

**Eligibility:** From 5 to 15 years.

### NSW Masters Athletics Inc

Mail to: c/- 33 Andrews Av, Toongabbie 2146

Email: [registrar@nswmastersathletics.org.au](mailto:registrar@nswmastersathletics.org.au)

Web: [www.nswmastersathletics.org.au](http://www.nswmastersathletics.org.au)

**Service Description:** Umbrella organisation for athletic clubs and groups.

**Eligibility:** Mature athletics enthusiasts & their clubs. From 30 years.

## Baseball

### Carlingford Baseball Club

Phone: 0412 654 182

Murray Farm Reserve, Murray Farm Rd,  
Carlingford 2118

Mail to: PO Box 2598, Carlingford Court 2118

Email: [carlingfordbaseball@hotmail.com](mailto:carlingfordbaseball@hotmail.com)

Web: [www.carlingfordbaseball.com.au](http://www.carlingfordbaseball.com.au)

**Service Description:** Baseball club catering for boys and girls from under 8's to adult.

**Contact:** President - Andrew Borg

### NSW Junior Baseball League Inc

Phone: 02 9674 8964; 1900 920 229 (infoline)

Fax: 02 9674 1969

Mail to: PO Box 2020, North Parramatta 1750

Email: [contact@nswjuniorbaseball.com.au](mailto:contact@nswjuniorbaseball.com.au)

Web: [www.nswjuniorbaseball.com.au/](http://www.nswjuniorbaseball.com.au/)

**Service Description:** NSW Junior Baseball League supports tee-ball and baseball in the Greater Metropolitan Area of Sydney and conducts overseas exchange tours with Asia and the USA.

**Eligibility:** From 5 to 15 years.

## Bowling

### Blind Sporting Assn of NSW

See Page 9

### Carlingford Bowling, Sports and Recreation Club

Phone: 02 9871 5056 Fax: 02 9871 7980

cnr Pennant Hills Rd and Evans Rd,  
Carlingford 2118

Mail to: PO Box 2345, Carlingford Court 2118

Email: [info@cbsrc.com.au](mailto:info@cbsrc.com.au)

Web: [www.carlingfordbowlingclub.com.au](http://www.carlingfordbowlingclub.com.au)

**Service Description:** This is a fully licenced club providing lawn bowling facilities.

Entertainment, Trivia and raffles are held every week and many local sporting groups are supported by the Club.

**Fees:** Yes

**Transport:** Free courtesy bus service for members and non members within a 5km radius of the club each

**Disability Access:** Yes

### Centenary Uniting Community Centre

See Page 9

### Guildford Bowling & Recreation Club Ltd.

Phone: 02 9892 3433, 0412 636 354 Fax: 02 9681 4623

97 Bursill St, Guildford 2161

Mail to: P O Box 8, Guildford 2161

Email: [gbc@wix.com.au](mailto:gbc@wix.com.au)

**Service Description:** 14 to 18 years old (Junior); 18 years onwards (Seniors)

Members and visitors who reside more than 5kms from club. Full membership \$35.00 or social \$5.50. Bowling Club, licensed machines, and games.

**Hours:** Seven days

**Contact:** Other contact no. 0412 636 354

**Disability Access:** Yes (Ramp)

## Northmead Bowling, Recreation and Sporting Club

See Page 27

## Rydalmere Central Bowling Club

Phone: 02 9638 1281 Fax: 02 9638 0675  
Park Rd, Rydalmere 2116

Mail to: PO Box 75, Rydalmere 2116

Email: [rcbc1@bigpond.com](mailto:rcbc1@bigpond.com)

Service Description: Lawn bowling club.

Hours: Mon, Tue 11am-9pm; Wed, Thurs 11am-11pm; Fri 11am-12pm; Sat 10am-11pm; Sun 8:30am-11:30pm

Contact: Secretary/Manager

Fees: Yes

Disability Access: Yes (Ramp & parking)

## Wentworthville Memorial Bowling and Community Club

See Page 32

## Boxing

### Parramatta Police and Community Youth Club

See Page 22

## Cricket

### Blind Sporting Assn of NSW

See Page 9

### Dundas United Recreation Club Inc

Phone: 02 9871 8707 Fax: 02 9873 4362  
Clubhouse at Curtis Oval, Yates Ave, Dundas 2117

Mail to: PO Box 3094, Telopea 2117

Email: [vanderfam@bigpond.com.au](mailto:vanderfam@bigpond.com.au)

Web: [www.dundasunited.com.au](http://www.dundasunited.com.au)

Service Description: Provision of soccer, netball and cricket activities for the local community.

Hours: Games on Sat, training on week days.

Fees: Various

Transport: Bus services to Eastwood and Parramatta Stations

Disability Access: No

Facilities: Canteen

Volunteering: Opportunities for coaching, managing of teams and club administration.

### M J Bennett Reserve

See Page 32

### Rydalmere Cricket Club

Phone: 02 9684 6568  
37 Gladys St, Rydalmere 2116

Email:

[matthew.roberts@mail.treasury.nsw.gov.au](mailto:matthew.roberts@mail.treasury.nsw.gov.au)

Web:

[www.cricketnsw.com.au/ndca/hgchome.cl?PT=&C=RYD](http://www.cricketnsw.com.au/ndca/hgchome.cl?PT=&C=RYD)

Service Description: Cricket Club participating in Northern District Cricket Association competition for juniors (10-16 years) and senior players.

Hours: Junior Competition, Sat 8:30am-11:45am; Senior Competition, Sat 1:30pm-6pm

Contact: Secretary

Fees: Yes

### Viking Cricket Club

Played at Elder Rd, Dundas 2117

Mail to: 38 Marshall Rd, Telopea 2117

Email: [secretary@vikingscc.org.au](mailto:secretary@vikingscc.org.au)

Service Description: To play and promote cricket in Meadowbank, Oakhill, Epping areas. Play competition cricket Saturday afternoon in Northern Districts Cricket Association.

Membership Numbers: 60+

Contact: President Ed Murphy

### Wenty Waratah Sports & Social Club Inc

Phone: 0417 669 700

Ted Burge Sports Ground, Centenary Rd, Wentworthville 2145

Mail to: PO Box 195, Wentworthville 2145

Web: [www.wentywaratahs.com](http://www.wentywaratahs.com)

Service Description: Sporting organisation catering for softball, netball, cricket & soccer for all from 5 years of age (school age).

Contact: Secretary: Nikki Mckendrick - 0417 669 700. Hall bookings: Rose Borg - 0416 010 109

Cricket: [www.wentywaratahs.com](http://www.wentywaratahs.com)

Netball: [www.wentywaratah@hotmail.com](mailto:www.wentywaratah@hotmail.com)

Soccer: [www.wentywaratahs.com.au](http://www.wentywaratahs.com.au)

Softball: [www.wentywaratah.softball.net.au](http://www.wentywaratah.softball.net.au)

Cricket: [www.wentywaratahs.com](http://www.wentywaratahs.com)

Netball: [www.wentywaratah@hotmail.com](mailto:www.wentywaratah@hotmail.com)

Soccer: [www.wentywaratahs.com.au](http://www.wentywaratahs.com.au)

Softball: [www.wentywaratah.softball.org.au](http://www.wentywaratah.softball.org.au)

Disability Access: Yes

## Cycling

### Blind Sporting Assn of NSW

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### CAMWEST

See Page 9

### Parramatta Cycling Club

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## Darts

### Northmead Bowling, Recreation and Sporting Club

See Page 27

## Fishing

### Northmead Bowling, Recreation and Sporting Club

See Page 27

### Sea Bees Boating Club

**Phone:** 02 8840 8194

Meetings held: Roselea Community Centre, Pennant Hills Rd, Carlingford 2118

**Mail to:** PO Box 2498, Carlingford 2118

**Email:** [castlemen@optusnet.com.au](mailto:castlemen@optusnet.com.au)

**Web:** [www.seabeesboating.com](http://www.seabeesboating.com)

**Service Description:** A non profit social fishing club whose members mainly fish from boats. Members have opportunity to attend meetings, participate in fishing competitions and social events. It is not essential to own a boat for membership. No age or gender restriction.

**Hours:** Group meets second and fourth Fridays each month at 7:30pm

**Contact:** 0412 468 375

**Fees:** Family Membership \$35 per year.

**Transport:** Bus, car

**Disability Access:** Yes (Ramp)

**Facilities:** Public toilets- bookings through Hornsby Council

## Football

### Dundas United Recreation Club Inc

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### Granville & Districts Soccer Football Association Inc.

**Phone:** 02 987 1555 **Fax:** 02 9687 1444

Suite 36, 2 O'Connell St, Parramatta 2150

**Email:** [granvillesoccer@optusnet.com.au](mailto:granvillesoccer@optusnet.com.au)

**Web:** [www.granvillesoccer.com.au](http://www.granvillesoccer.com.au)

**Service Description:** Office for soccer association representing clubs in Western Sydney.

**Contact:** 0412 009 986

### M J Bennett Reserve

See Page 32

### New South Wales Gridiron League (NSWGFL)

**Phone:** 0418 200 306 (President)

**Mail to:** PO Box 551, Parramatta 2124

**Email:** [president@nswgfl.org.au](mailto:president@nswgfl.org.au)

**Web:** [www.nswgfl.org.au](http://www.nswgfl.org.au)

**Service Description:** Sports peak body for the administration of American Football (Gridiron) in NSW. Administers, regulates, promotes and markets the sport at both amateur and professional levels.

**Hours:** Mon-Fri 9am-5pm

**Eligibility:** From 14 years.

### North Rocks Rugby Union Inc

**Phone:** 02 9873 4310 **Fax:** 9926 6699

Kingsdene Oval, Felton St, Carlingford 2118

**Mail to:** PO Box 4461, North Rocks 2151

**Email:** [carpenters.3@bigpond.com](mailto:carpenters.3@bigpond.com)

**Web:** [northrocksrugby.rugbynet.com.au](http://northrocksrugby.rugbynet.com.au)

**Service Description:** Games played on Saturdays. Training over 1-2 nights per week at Kingsdene Oval. Committee meetings held 3rd Monday 7.30pm.

**Contact:** President - Paul Ramsey

**Fees:** Under 6 free, U7-U9 \$100, U10 \$110, U11-U16 \$145 and U17 \$200

**Transport:** Bus

**Disability Access:** Yes

**Eligibility:** From 4 to 17 years.

### Parramatta District Touch Association

**Phone:** 0407 928 308 **Fax:** 02 9788 7226

Venue: Doyle Ground, North Parramatta 2151

**Mail to:** PO Box 6106, Parramatta 2150

**Email:** [admin\\_pdta@optusnet.com.au](mailto:admin_pdta@optusnet.com.au)

**Web:** [www.parra.touch.asn.au](http://www.parra.touch.asn.au)

**Service Description:** Touch football association

### Parramatta Junior Eels Rugby League and Sports Club Inc

**Phone:** 02 8843 0360 **Fax:** 02 8843 0350

**Mail to:** PO Box 2666, North Parramatta 1750

**Email:** [juniorleague@parraeels.com.au](mailto:juniorleague@parraeels.com.au)

**Web:** [parramatta.leaguenet.com.au/](http://parramatta.leaguenet.com.au/)

**Service Description:** Rugby League.

**Contact:** 02 8843 0357

### Pendle Hill Junior Soccer Club Inc.

**Phone:** 02 9631 8383 (canteen)

Binalong Park, Binalong Rd, Old Toongabbie 2146

**Mail to:** P O Box 154, Wentworthville 2145

**Email:** [dmcgarrigle@optusnet.com.au](mailto:dmcgarrigle@optusnet.com.au)

**Web:** [www.granvillesoccer.com.au/pendlehill/](http://www.granvillesoccer.com.au/pendlehill/)

**Service Description:** Soccer competition and training.

**Hours:** Mon-Fri 4:30pm-9pm; Sat-Sun 8:45am-6pm

**Contact:** Club Secretary 0413 953 393

**Disability Access:** Yes (Carpark and toilet)  
**Eligibility:** From 6 years.

### **Wenty Waratah Sports & Social Club Inc**

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### **Westmead Touch Association Inc**

**Phone:** 02 9613 3294

Ollie Webb Reserve, cnr Glebe St and Pitt St, Parramatta 2150

**Mail to:** PO Box 277, Wentworthville 2145

**Email:** [secretary@westmead.touch.asn.au](mailto:secretary@westmead.touch.asn.au)

**Web:** [www.westmead.touch.asn.au](http://www.westmead.touch.asn.au)

**Service Description:** Touch Football.

**Hours:** Mon Tue 6pm-10pm

**Contact:** Secretary 0417 184 564

**Fees:** Yes

## **Golf**

### **Blind Sporting Assn of NSW**

See Page 9

### **Parramatta Golf Club**

**Phone:** 02 9635 6633 **Fax:** 02 9893 8630

Park Pde, Parramatta 2150

**Email:** [pgc2150@bigpond.net.au](mailto:pgc2150@bigpond.net.au)

**Service Description:** Golf course - public clubhouse available for functions. Membership open. Bistro/restaurant.

**Hours:** Mon-Fri 10am-8pm, Sat-Sun 6.30am-8.30pm

**Contact:** Secretary/Manager.

**Fees:** \$15 for 18 holes (Mon-Fri); \$18 for 18 holes (Sat-Sun)

**Disability Access:** Yes

## **Gymnastics**

### **GymbaROO Carlingford**

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### **Wentworthville RSL Youth Club**

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## **Martial Arts**

### **Australian Hapkido Federation Inc**

See Page 4

### **Sydney Youth Dragon and Lion Dance Troupe**

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## **Motor Sports**

### **Confederation of Australian Motor Sport (NSW)**

**Phone:** 02 9635 1366 **Fax:** 02 9635 8537

24/2 O'Connell St, Parramatta 2150

**Mail to:** PO Box 4025, Parramatta 2124

**Email:** [nsw@cams.com.au](mailto:nsw@cams.com.au)

**Web:** [www.cams.com.au](http://www.cams.com.au)

**Service Description:** State Council Office for CAMS. CAMS exists to promote, encourage, and advance motor sport in Australia through competition, ensuring that the sport is competitive and fair and is run in accordance with the spirit of the traditions of true competitive sport.

**Hours:** Mon-Fri 9am-5pm

**Contact:** State Manager.

**Fees:** Yes (some)

### **Motorcycling NSW Limited**

See Page 5

### **Parramatta City Raceway**

**Phone:** 02 9637 0411 **Fax:** 02 9637 7333

Wentworth St, Granville 2142

**Mail to:** PO Box 633, Granville 2142

**Email:** [office@parramattacityraceway.com.au](mailto:office@parramattacityraceway.com.au)

**Web:** [www.parramattacityraceway.com.au](http://www.parramattacityraceway.com.au)

**Service Description:** Motor sport race track.

**Hours:** Mon-Fri 9am-5pm, Sat 7-10pm

**Transport:** Clyde Train station

**Disability Access:** Yes (Ramps, disabled car park)

**Eligibility:** Must be 16 years or over to enter the pit area

**Volunteering:** Crash & rescue and pit officials

## **Netball**

### **Dundas United Recreation Club Inc**

See Page 35

### **M J Bennett Reserve**

See Page 32

### **Wenty Waratah Sports & Social Club Inc**

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## **Orienteering**

### **Western and Hills Orienteers**

**Phone:** 02 9630 7326

**Mail to:** PO Box 2129, North Parramatta 1750

**Web:**

[www.westernhills.nsw.orienteing.asn.au](http://www.westernhills.nsw.orienteing.asn.au)

**Service Description:** Organise orienteering events for all ages and standards most weekends.

**Hours:** Weekends

**Contact:** Secretary

**Fees:** Yes

**Eligibility:** From 10 years.

## Pool

### **Parramatta Police and Community Youth Club**

See Page 22

## Softball

### **Wenty Waratah Sports & Social Club Inc**

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## Table Tennis

### **Parramatta Police and Community Youth Club**

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## Tennis

### **Carlingford Tennis Courts**

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### **Fullagar Road Tennis Courts**

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### **Parramatta-Baulkham Hills and Districts Hardcourt Tennis Association Inc**

See Page 32

### **Tiny Tots Tennis / Mega Tennis**

**Phone:** 02 9838 7821 **Fax:** 02 9838 7895  
Caroline Chisolm Park, Caroline Chisolm Dri,  
Winston Hills 2153

**Email:** [davewbremner@yahoo.com.au](mailto:davewbremner@yahoo.com.au)

**Web:** [www.tinytotstennis.com.au](http://www.tinytotstennis.com.au)

**Service Description:** Program of tennis related activities and ball skills for children ages 3-4 yrs; 5-6 yrs; and mega tennis for 7-14 yrs. Holiday tennis camps.

**Hours:** Office Mon-Fri 9am-6pm; Classes Tues am, Tues - Wed pm, Sat am

**Eligibility:** From 3 to 13 years.

### **Winston Hills Tennis Club**

**Phone:** 02 9614 5977

Timbergetters Reserve, Ixion St, Winston Hills 2153

**Mail to:** 4 Vanessa Ave, Baulkham Hills 2153

**Service Description:** The club provides a pleasant park area and has two synthetic grass tennis courts that can be booked. Require new members to maintain club atmosphere and future operations.

**Hours:** Sun 8-11am.

**Fees:** Playing Fees \$5

**Transport:** Car; Train

**Eligibility:** No children or beginners. From 18 years.

**Facilities:** Tennis court; toilets; covered viewing area and tea/coffee.

**Volunteering:** Yes. Assisting with minor maintenance tasks.

## Weight Lifting

### **Parramatta Police and Community Youth Club**

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### **SHAREWEST Health and Fitness**

See Page 13

## Water Sports

### **ABC Swimming**

See Page 8

### **Aqua Babies**

See Page 9

### **Arthritis Foundation of NSW - Head Office**

**Phone:** 02 9683 1622 **Fax:** 02 9683 1633  
13 Harold St, North Parramatta 2151

**Mail to:** Locked Bag 16, North Parramatta 1750

**Email:** [info@arthritisnsw.org.au](mailto:info@arthritisnsw.org.au)

**Web:** [www.arthritisnsw.org.au](http://www.arthritisnsw.org.au)

**Service Description:** Provides information, advice and education regarding all types of arthritis, osteoporosis and rheumatic disorders. Fundraises for research. Also publishes quarterly magazine. Can provide details of support groups throughout NSW. Co-ordinates water exercise classes in Sydney metropolitan area and holds annual camps for children and has an educational assistance scheme for young people with arthritis.

**Hours:** Mon-Fri 9am-5pm

**Contact:** Telephone Advisor or Senior Educator. Other phone: 1800 011 041

**Fees:** For membership

**Disability Access:** Yes (Parking, ramp, toilet)

**Volunteering:** This service welcomes volunteer assistance. Contact for further details

### **Blind Sporting Assn of NSW**

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### **McCredie Park Aquatics Swimming Club Inc.**

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### **Parramatta City Amateur Swimming Club**

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### **Parramatta Memorial Swimming Club Inc**

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### **Parramatta Swimming Centre**

See Page 12

### **Parramatta Water Polo Club**

**Phone:** 02 9671 2917 (Men's Registrar) , 0438 300 489 (Ladies' Registrar)

**Web:** [www.parramattawaterpolo.com](http://www.parramattawaterpolo.com)

**Service Description:** A club for water polo players.

### **REVS ( Register of Encumbered Vehicles )**

**Phone:** 133 220 **Fax:** 02 9891 5134

**Mail to:** PO Box 972, Parramatta 2124

**Email:** [revs@fairtrading.nsw.gov.au](mailto:revs@fairtrading.nsw.gov.au)

**Web:** [www.revs.nsw.gov.au](http://www.revs.nsw.gov.au)

**Service Description:** REVS is a computerised public record system in which credit providers can register their financial interests in motor vehicles and boats. Intending purchasers can then check the register to ensure there is no money owing on the vehicle or boat that they are about to buy. The purchase of a REVS certificate can provide legal protection against repossession due to a previous owner's unpaid debt. REVS service is available via a telephone enquiry service and the Internet.

**Hours:** 8.30am - 5.00pm weekdays, 9.00am - 5.00pm weekends and some public holidays

**Fees:** REVS certificate fee is \$13

### **Sea Bees Boating Club**

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### **Snappy Swim School**

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### **Wentworthville Heated Swim Centre**

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### **Wentworthville RSL Youth Club**

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### **Wentworthville Swimming Club**

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## **Vigoro**

### **Wenty Waratah Sports & Social Club Inc**

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### **Centenary Uniting Community Centre**

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