

Parramatta Granville Dolphins

SWIM SCHOOL

The Parramatta Granville Dolphins Swim School is proudly owned and managed by Parramatta City Council.

Parramatta Granville Dolphins Swim School is committed to providing a high standard of teaching with professionally accredited Austswim Instructors and a structured learn to swim program.

Parramatta & Granville Swimming Pools are heated facilities so you can enjoy your aquatic experience in comfort.

LEARN TO SWIM

Morning/Afternoon Classes

Classes are conducted throughout the school term to further develop confidence, stroke correction and survival skills. Parramatta Granville Dolphins offer lessons for all ages and abilities, including people with special needs.

PRE-SCHOOL AND ADULT

Morning/Afternoon Classes

Classes are conducted to improve confidence in the water and develop skills. Parramatta Granville Dolphins offer lessons for all ages and abilities, including people with special needs.

INTENSIVE HOLIDAY PROGRAM

Morning Classes

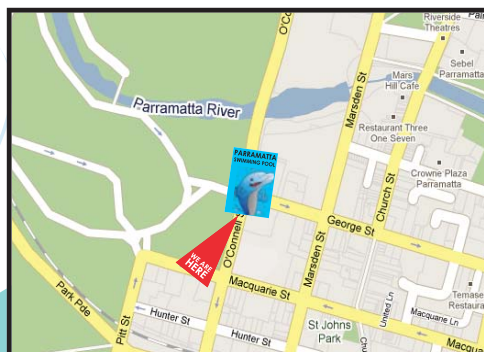
This program is the fastest way to develop your skills and the best way to have fun during the holidays. Parramatta Granville Dolphins offer lessons for all ages and abilities, including people with special needs.

SQUAD PROGRAM

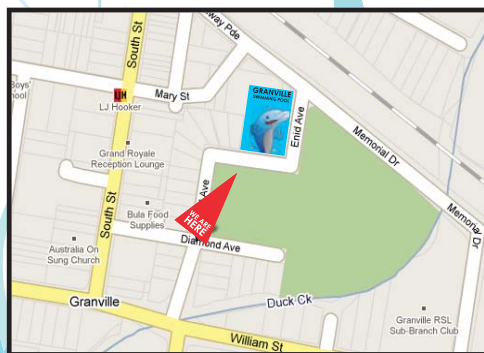
Morning/Afternoon Classes

Classes develop strokes and endurance for those wanting to take their swimming to the next level. Parramatta Granville Dolphins offer lessons for all ages and abilities, including people with special needs.

How HOTOUS find



Parramatta Swimming Pool
O'Connell Street, Parramatta
Phone: 9630 3669

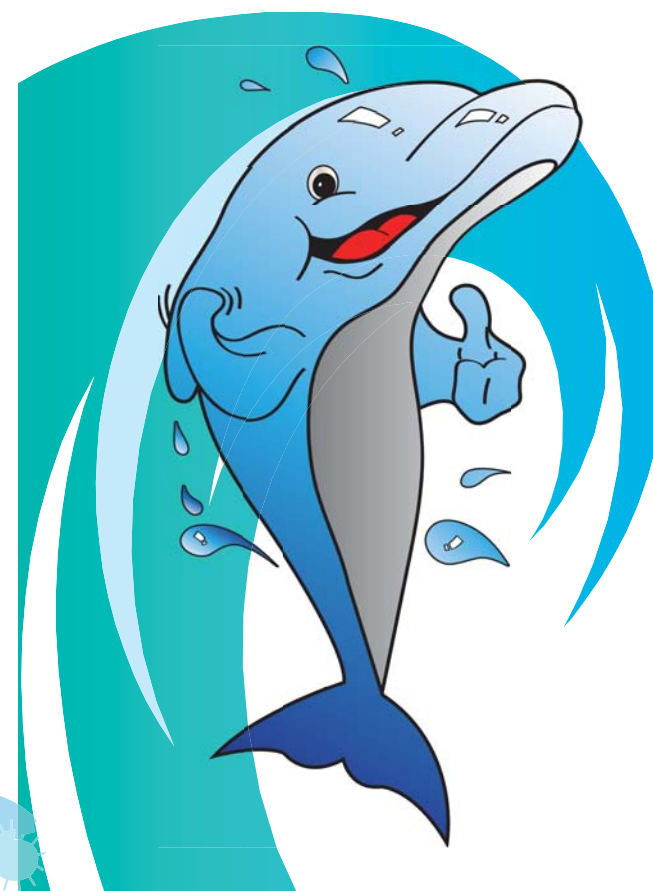


Granville Swimming Pool
Enid Ave, Granville
Phone: 9637 1593



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SWIM SCHOOL



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Starfish



Share a special time with your child while becoming familiar with the water through songs, games and activities while your child develops elementary survival and swimming skills.

Class Ratio
1 instructor: 8 children/parents
Duration: 30 minutes

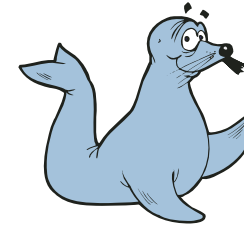
Seahorse



Seahorses are introduced to freestyle and backstroke while working towards becoming more independent in the water, through basic Life Saving Skills.

Class Ratio
1 instructor: 4 children
Duration: 30 minutes

Seal



Seals advance their freestyle and backstroke technique and are introduced to breaststroke swim and butterfly kick. They also further develop their personal Life Saving Skills.

Class Ratio
1 instructor: 5 children
Duration: 30 minutes

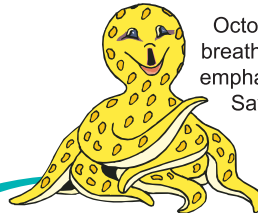
Jellyfish

Jellyfish use games and activities to develop confidence and safety in the water without assistance of a parent for the first time.

Class Ratio
1 instructor: 4 children
Duration: 30 minutes



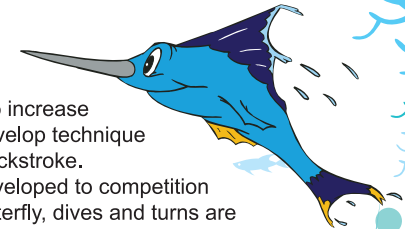
Octopus



Octopus is about furthering your freestyle breathing and backstroke skills and emphasis on personal survival as a Life Saving Skill.

Class Ratio
1 instructor: 4 children
Duration: 30 minutes

Marlin



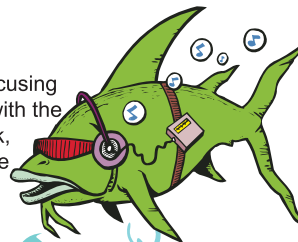
Marlins continue to increase endurance and develop technique in freestyle and backstroke. Breaststroke is developed to competition standard while butterfly, dives and turns are introduced.

Class Ratio
1 instructor: 10 children
Duration: 30 minutes

Barracouda

Barracoudas refine freestyle focusing on correct bi-lateral breathing with the introduction of breaststroke kick, while continuing with backstroke and Life Saving Skills.

Class Ratio
1 instructor: 5 children



Shark



Mini squad emphasises the fine tuning of strokes as well as endurance, dives and turns are refined in preparation for advanced squads.

Duration: 45 minutes

SWIM SCHOOL LEVELS